

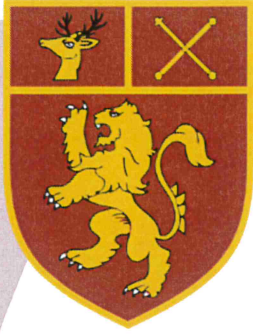
The Marlborough
Science Academy
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Available services in and around St Albans
for the summer holidays.

Enclosed is information for students to refer
themselves to Youth Talk & Services For
young People, for holiday activities and other
projects running in our communities over
the summer.

Also support for post 16's regarding
transition to college and University



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Hertfordshire County Council Services for Young People

HOLIDAY ACTIVITY PROGRAMME

at Links Academy
Woollam Crescent
St Albans AL3 6EJ

Join us this Summer
Mondays to Thursdays
29 July to 15 August 2024
2pm-6pm each day

For young people aged 13-16

Priority booking for those eligible for
benefits-related free school meals

- Fun physical activities such as sports, dance and team games
- Creative activities such as music production, cooking, arts and crafts.
- Informal healthy lifestyles workshops
- Meet and socialise with other young people
- Free healthy food every day

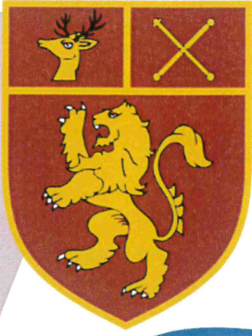
Booking opens 27th June 12pm on Playwaze website or contact SfYP St Albans Team to sign up.

Area Service Manager: Karen Haswell
Youth Work Practice Manager: Robert Brown

Tel: 01442 454060 Text: 07860 065195
sfyp.stalbans@hertfordshire.gov.uk
www.servicesforyoungpeople.org
X @StAlbansTeam



Services for
Young People



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Hertfordshire County Council Services for Young People

HOLIDAY ACTIVITY PROGRAMME

at Bennetts End
Young People's Centre
Kimps Way
Hemel Hempstead HP3 8EN

Join us this Summer
Mondays to Thursdays
29 July to 15 August 2024
2pm-6pm each day

For young people aged 13-16

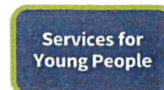
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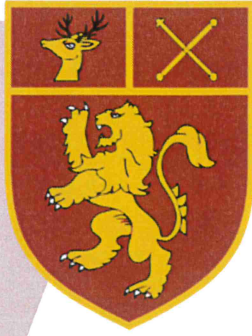
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CARE EXPERIENCED YOUNG PEOPLE'S HUB

Drop-in session for care experienced young people to access one-to-one support, sexual health services & advice and careers advice.

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Monday to Friday
11am-5pm
For Care Leavers aged 16-25

POSITIVE PATHWAYS

A programme of one-to-one support and groupwork for young people involved in or at risk of involvement in crime and antisocial behaviour.

HARPENDEN & PIONEER YOUNG PEOPLE'S CENTRES

Appointments available for young people, call 01442 454060 to book.

Harpenden Young People's Centre,
27 High Street, Harpenden, AL5 2RU

Pioneer Young People's Centre,
Heathlands Drive, St Albans, AL3 5AY

HEMEL HEMPSTEAD YOUNG PEOPLE'S CENTRE

Advice, guidance and sexual health services including free condoms, chlamydia and gonorrhoea screening and pregnancy testing.

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Monday to Friday
11am-5pm
For all young people

Hertfordshire County Council Services for Young People

ST ALBANS

PROJECTS FOR YOUNG PEOPLE



SUMMER TERM 2024

Enabling young people to succeed

Area Service Manager: Karen Haswell
Youth Work Practice Manager: Robert Brown

Tel: 0300 123 7538 Text: 07860 065173
sfyp@hertfordshire.gov.uk
www.servicesforyoungpeople.org
@HCCSYYP



01442 454060
sfyp.stalbans@hertfordshire.gov.uk
@StAlbansTeam
www.servicesforyoungpeople.org



RAISING ASPIRATIONS

Pioneer Young People's Centre,
Heathlands Drive, St Albans, AL3 5AY

Mondays 2pm-4pm
For young people aged 13-17
out of formal education

LGBT+PROJECT

Phone 01442 454060 or email
sfyp.stalbans@hertfordshire.gov.uk
for more details

Wednesdays 5pm-7pm
For LGBT+ young people aged
13-17

CREATIVE SPARK SEND PROJECT

Harpenden Young People's Centre,
27 High Street, Harpenden, AL5 2RU

Mondays 6pm-8pm
For young people aged 18-24
with mild to moderate learning
difficulties and/or learning
disabilities

DUKE OF EDINBURGH (DofE) AWARD

Alternates between Pioneer Young
People's Centre and Bennetts End Young
People's Centre

Wednesdays 6pm-8pm
For young people aged 11-17
To find out more, call
01442 454060

ST ALBANS YOUTH COUNCIL

Harpenden Young People's Centre,
27 High Street, Harpenden, AL5 2RU

Mondays 6pm-8pm
For young people aged 11-17
who want to make a difference
in their community

THE EMOTIONAL WELLBEING PROJECT

Phone 01442 454060 or email
sfyp.stalbans@hertfordshire.gov.uk
for more details

Thursdays 6.30pm-8.30pm
For young people aged 11-17
to develop strategies and
techniques to reduce stress and
anxiety

THE CARE EXPERIENCED PROJECT

Harpenden Young People's Centre,
27 High Street, Harpenden, AL5 2RU

Tuesdays 6pm-8pm
For care leavers aged 16-25

THE FRIDAY NIGHT PROJECT

Harpenden Young People's Centre,
27 High Street, Harpenden, AL5 2RU

Fridays 6pm-8pm
For young people aged 13-17

WHEATHAMPSTEAD YOUNG PEOPLE'S PROJECT

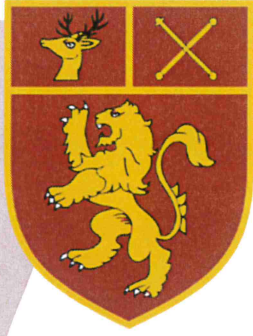
Wheathampstead Memorial Hall,
Marford Road, St Albans, AL4 8AY

Tuesdays 7pm-9pm
For young people aged 13-17

COTTONMILL FRIDAY NIGHT PROJECT

Cottonmill Community & Cycle Centre,
Old Oak, Cottonmill Lane, St Albans,
AL1 2EF

Fridays 6pm-8pm
For young people aged 13-17



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Hertfordshire County Council Services for Young People

DACORUM

PROJECTS FOR YOUNG PEOPLE



SUMMER TERM 2024

Enabling young people to succeed

Area Service Manager: Karen Haswell
Youth Work Practice Manager: Robert Brown

Tel: 0300 123 7538 Text: 07860 065173
sfyp@hertfordshire.gov.uk
www.servicesforyoungpeople.org
@HCCSNYP



01442 454060
sfyp.dacorum@hertfordshire.gov.uk
@DacorumTeam
www.servicesforyoungpeople.org



THE DIVERSITY PROJECT

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Mondays 6pm-8pm
For young people aged 12-17

CREATIVE SPARK SEND PROJECT

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Wednesdays 6.30pm-8.30pm
For young people aged 13-17 with mild to moderate learning difficulties and/or learning disabilities

THE MONDAY NIGHT PROJECT

Bennetts End Young People's Centre, Kimps Way, Hemel Hempstead, HP3 8EN

Mondays 6.30pm-8.30pm
For young people aged 14-17

LGBT+ PROJECT

Phone 01442 454060 or email sfyp.dacorum@hertfordshire.gov.uk for more details

Thursdays 6pm-8pm
For LGBT+ young people aged 13-17

GIRLS ALLOWED

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Tuesdays 6pm-8pm
For young women aged 12-17

DACORUM YOUTH COUNCIL

Bennetts End Young People's Centre, Kimps Way, Hemel Hempstead, HP3 8EN

Thursdays 6pm-8pm
For young people aged 11-17 who want to make a difference in their community

THE EMOTIONAL WELLBEING PROJECT

Phone 01442 454060 or email sfyp.dacorum@hertfordshire.gov.uk for more details

Tuesdays 6.30pm-8.30pm
For young people 14-17 to develop strategies and techniques to reduce stress and anxiety

MARKYATE PROJECT

Markyate Baptist Church, 13 Buckwood Road, Markyate, St Albans, AL3 8JB

Thursdays 6pm-8pm
For young people aged 11-17

RAISING ASPIRATIONS

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Wednesdays 11am-1pm
For young people aged 13-17 out of formal education

THE FRIDAY NIGHT PROJECT

Bennetts End Young People's Centre, Kimps Way, Hemel Hempstead, HP3 8EN

Fridays 6pm-8pm
For young people aged 13-17

DUKE OF EDINBURGH (DofE) AWARD

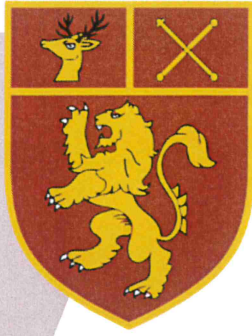
Alternates between Bennetts End Young People's Centre and Pioneer Young People's Centre

Wednesdays 6pm-8pm
For young people aged 13-17
To find out more, call 01442 454060

THE FRIDAY NIGHT PROJECT

Hemel Hempstead Young People's Centre, First Floor XC Centre, Jarman Park, Hemel Hempstead, HP2 4JS

Fridays 6pm-8pm,
For young people aged 13-17



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**YOUTH
TALK**

We're listening

Sign up today



**Leaving
home for
University?**

Feeling anxious?

Scan me

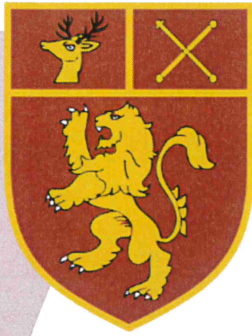


01727 868684

info@youthtalk.org.uk

www.youthtalk.org.uk

Registered charity no. 10635702



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YOUTH TALK

for ages 13-25



**Free,
confidential,
counselling support
in and around
St Albans**

We're
listening



01727 868684

info@youthtalk.org.uk

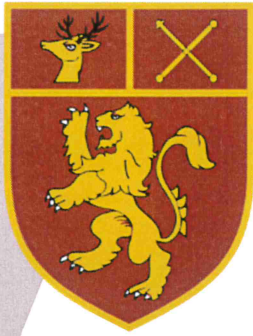
www.youthtalk.org.uk

Refer yourself either
online or by phone

Something on
your mind?
#WeAreListening



Registered charity no. 10635702



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About us...



Vista St Albans CIC was set up in 2011 and is an educational organisation offering services for children, young people and families. The people we serve learn new strategies of coping and ways of dealing with issues in their everyday lives.

By providing access to emotional wellbeing and early intervention, we are able to support families through difficult times enabling our children and young people to have better outcomes.

Vista St Albans CIC is made up of two elements:

- **St Albans Plus Schools' Partnership - Core Services**
- **Vista St Albans – Additional Services**

St Albans Plus Schools' Partnership – we are a partnership of 49 schools from St Albans who are commissioned to support their children, young people and families across the district via a School Family Worker service. The focus is to work with the whole family holistically to deliver positive outcomes. The School Family Worker service is part of Hertfordshire's Families First Early Intervention strategy. This partnership is funded from school grants and directly from the Government. The lead school is Fleetville Junior School/Spiral Trust. Referrals for this service come directly from the schools.

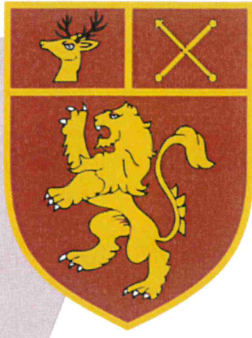
Vista St Albans – Additional Services – we offer a number of services which include Mentoring, Counselling, Behaviour Support, Parenting Courses and Workshops. Our services are delivered in schools to school pupils on site. The sessions are either funded by the school or they can be referred and funded by a parent/guardian.

Our Services

Family Support: Working with parents and carers in the home and school to deliver a targeted programme of support or signposting to relevant services. This programme is varied and offers information and advice in regards to (but not limited to):

- School Attendance
- Boundary setting and routines
- Bullying
- Employment and work skills
- Family Breakdown
- Financial concerns and benefits advice
- Housing
- Emotional wellbeing
- Parental Relationships
- Signposting to specialist agencies
- SEND
- Support when seeking a diagnosis
- School Transition
- Young Carer support





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Multi-agency work: Our School Family Workers work closely with CAMHS, DSPL7, Children's Services, Police, Step 2, Carers in Herts, district, county and community agencies and support groups. We also work closely with Harpenden Plus Schools' Partnership.

Intervention and Behaviour Support: The Vista Behaviour Support service offers interventions with individual students and small groups. This is a bespoke service tailored to the needs of each school. Our staff and associate facilitators are experienced and able to deliver these programmes to school staff, parents/carers, children and young people in our schools which include:

- Behaviour and boundaries
- Self Esteem and Confidence
- Friendships
- Resilience
- Protective Behaviours
- Transition

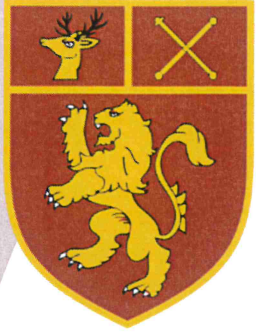
Mentoring: We can help children and young people as they go through challenging life transitions. Mentors offers a 'listening ear' to explore a variety of issues such as low self-esteem, family breakdown, anxiety, anger and behaviour. Mentors can help guide children and young people to develop strategies to move forward.

Counselling: The Vista Counselling service is particularly beneficial for children and young people experiencing bereavement or separation, bullying, self harm or relationship difficulties and problems at home. All of our Counsellors are experienced practitioners who follow the BACP ethical codes of practice and receive regular clinical supervision.

Parenting Courses and Workshops: Our staff are trained to deliver a variety of parenting courses and workshops of the following topics. We work with partners to offer courses detailed below:

- Families Feeling Safe
- Additional Needs
- My Teen Brain
- Anxiety
- Raising Boys and Resilient Girls
- Emotional Outbursts
- School Transition
- Dealing with Anger
- Understanding Teenagers





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Let's
talk

Are you leaving home for the first time?

Are you feeling anxious about living in a new environment?

Are you worried about making new friends?

Would you like a safe and confidential space to share your concerns with people who are experiencing the same worries as you?



Join our supportive University talking group at Youth Talk in St Albans.



Running during the summer holidays - we'd love to see you!

FIND OUT MORE



#WeAreListening