



Marlborough News

www.themarboroughscienceacademy.co.uk

20th December 2022 Issue #130



The Marlborough
Science Academy



Student Achievement

Congratulations to Owen Dorrington 11RB and Gethin Dorrington 9VL who continue to excel at water polo. Owen was selected to represent the East of England in the U18 Inter Regional Division 2 Championships at Woodside Leisure Centre in Watford on 28th and 29th January.



Gethin had a trial for the Swim England Water Polo Talent Centre initiative and has been offered a place in the U14 talent pool which involves weekly training in Croydon. This is a fantastic achievement for Gethin who will benefit from elite coaching which aims to improve the performance of England and Great Britain sides in international competition.

Well done to both boys.



Student Achievement

In response to a class assignment '**Production of a Broadsheet Newspaper**' I was particularly impressed by the broadsheet *The Light* produced by Pasha Diachenko 9DB. Not only had he fully understood and applied the codes and conventions of a broadsheet newspaper but his articles were meticulously researched, passionate in their subject matter and very well written. To say the least I was hugely impressed. After letting Pasha know how affected I had been I thought it really deserved a much wider readership than just B1 Classroom. A plan was hatched.

With the Help of Thameslink Trains and the Metro Newspaper a dozen copies were distributed cross counties between Luton – via the City of London - to Sutton in Surrey and back again all day. We do not have total readership figures as yet but according to Metro's readership figures they estimate each copy of their paper is read by three to four commuters.

An ironic addition was the front page of the Metro that day which had just one sentence on it –

"IMPOSSIBLE IS NOTHING" Let's hope that this is a positive confirmation of a rightful restoration of peace to the Ukrainian people and their Country.

Mr Lewis.

Pasha's account and his work are below and on the next page.

My name is Pavlo Diachenko, but you might also know me as Pasha. I am son of big country Ukraine. Here is story about how did I appeared here, in St.Albans: Before Russia started bombing my city, I lived at the south of Ukraine in city Mykolaiv (which is destroyed a lot now) till 2015 and then moved to bigger city nearby called Odesa. 24.02.2022 could be my normal day, I could go to school and then to my volleyball session. But I became a refugee... My mum and I ran to Poland by car. After a month in Krakow, Poland, me and my older brother (who lived there) joined a volunteer group at the railway station. I spend there a lot of time. After three months being a refugee in Poland, I could normally speak Polish. But then my mum decided to move to England, with the understanding that it may be better here for me.

So, let me tell you a bit more about who I am. Here are my hobbies: I like poetry and literature, activism, volleyball, comedy such as stand-up, cinematography and the main hobby I am writing about - journalism.

Couple weeks ago, at the Media Studies lesson our teacher Mr S.Lewis said to my class: *"You will need to write a broadsheet with your own articles"*. And I thought this is a big chance to say about Ukraine. And I wrote a few articles about Ukraine and one about Poland. Also, I wrote one article about Rishi Sunak. Well, I didn't know that these articles were going to be read by someone else, except my teacher...



When I was writing those articles, I wanted people to have some emotion - good or bad or angry or happy. But the most important thing - I wanted people to know the truth. And this was my first experience writing articles. And I understood that choosing the right news and news that I wanted to write about - really hard work. So I really respect every journalist who writes articles professionally and wants people to know the truth. When I was doing research for each article I read about 10+ web-sites. Then I needed to translate a lot of things on my own, and I didn't want to use translators. Of course, I used it to translate some separate words or phrases, because I don't have that much English vocabulary in my mind. To be honest, I didn't expect that someone else would want to read my articles.

I will do everything for other people to know about Ukraine, about our tradition and want everybody to know that Ukrainians are not scared talking about war, we want to talk about war because we are getting up with thoughts about war, we live with war, even if we are not in Ukraine and we will always remember genocide which Russia did and doing to Ukraine. And we will always remember the help which the United Kingdom giving to Ukraine and the Ukrainian community.

"Nobody believes in you. You've lost again, and again, and again. The lights are cut off, but you still are looking at your dream, reviewing it every day and say to yourself, 'It's not over until I win.'" - Les Brown

Glory to Ukraine! Glory to Heroes!

If you want to talk with me on Instagram - @pawwle



Donate for Ukrainian army!

savelife.in.ua/en/

£2.40 Friday 02.12.22

(half of money going to Ukrainian army)

£2 for subscribers

Published in England and Ukraine

Perfect style

How to dress this winter

the light

By Pavlo Diachenko

Useful for russia idiots in the walls of the Polish Sejm

"Confidiration", Janusz Korwin-Mikke and Grzegorz Braun

So who is Grzegorz Michał Braun?

Polish far-right party Confidiration member, MP Grzegorz Braun, has requested a meeting be adjourned because of the "inappropriate" Ukrainian flag that hung in the Polish parliament during a parliamentary session on Wednesday.

The Confidiration has formed ahead of the 2020 European parliament elections and brings together several far-right parties. It currently has 12 members in the 460-seat parliament.

"At the front and at the entrance hangs the flag of a foreign country. The flag of Ukraine is hanging on the parliament building in a place that belongs to the host country. This is inappropriate," Braun said.

Braun did not finish his speech because his microphone was switched off. The room reacted with applause.

Members of the eurosceptic, nationalist and anti-vaxxer grouping are known for their controversial views. During the COVID-19 pandemic, they encouraged Poles not to get vaccinated, even though, as it turned out, some of them had been vaccinated themselves.

Since Russia invaded Ukraine, some of the group's MPs have adopted a pro-Russian tone, particularly Grzegorz Braun and Janusz Korwin-Mikke.

Braun is known for his anti-Semitic, anti-vaxxer and homophobic statements. In September last year, speaking from the parliamentary rostrum, he threatened Health Minister Adam Niedzielski with hanging.

"Stop Ukrainization of Poland!" - new project of "Confidiration"

The Confederation of the Polish Crown party has proposed legislation that would require Ukrainian citizens living in Poland to proclaim "loyalty" to Warsaw and condemn historical crimes against Poles committed by Ukrainian nationalists.

The draft legislation was unveiled by the far-right group and its youth wing during a press conference at the country's parliament on Thursday.

Represented in parliament only by its leader, Grzegorz Braun, the party argues that Warsaw should not only expect loyalty from Ukrainians, who poured en masse into the country amid the conflict between Moscow and Kiev, but actually "demand" it. In recent months, the group has repeatedly raised the alarm over what it calls the "Ukrainianization of Poland" and the allegedly ongoing "ethnic substitution" of Poles by Ukrainian refugees.

The Crown unveiled a document, dubbed "The declaration of loyalty to the Polish Republic", which it believes should be signed by every Ukrainian national. The document, written in both the Polish and Ukrainian languages, affirms that signees are aware of "mass crimes committed by the so-called Ukrainian Insurgent Army against civilian population during the Second World War until 1947 in the south-eastern area of the Republic of Poland."

Russian propaganda tries to frighten Poles with "Ukrainisation" of their country. That catchphrase is being used and promoted by MP Grzegorz Braun and far-right influencers.

Braun is known for his pro-Russian and anti-vaxxer stances, repeatedly flouting COVID-19 restrictions and denying the virus' existence. His statements were quoted in Kremlin-linked Russian media, and he has frequently been removed from parliamentary debates for not wearing a facemask.

Braun's case was debated by a special parliamentary committee, whose members decided in a secret vote that his immunity should be lifted. A full parliamentary vote will take place soon.

The decision taken in Braun's case is important insofar as, without immunity, he could be held accountable in court for his actions on 1 March when he stormed into the National Institute of Cardiology. There, struggle ensued between him and employees of the institute, including former Health Minister Łukasz Szumowski.

"The whole thing is a complete grotesque," commented Braun.

Click on the image above to see a larger version of Pasha's work

MFL News

Duolingo club has been running for Year 7 since September and students have been learning a variety of languages: - French, German, Spanish, Italian and Japanese. It's been fun, fast, and competitive with a weekly leader board. *"I really like Duolingo club because I can come and learn a language in a really fun way"* **Evie 7KS** . *"I love Duolingo club because it means I can learn a new language and I really want to travel the world"* **Nicole 7KS**

We have loved seeing the students becoming confident in new languages and it's been great to hear the buzz of new words being spoken. *"I love Duolingo club because I love learning new languages adventures every week. It's so fun"* **Evan 7KS**

Duolingo is a fantastic app for any language learner and can really boost your grades. *"I like Duolingo club because it means I can learn a language with friends and the app makes it fun"* **Ralph Robinson Field 7KS**

The Duolingo app can also be helpful for any parent wanting to help their child with language learning. Last year Sean Neveling (Year 13) sat his GCSE Japanese, gaining a grade 9, and began his language learning journey by completing the course on Duolingo.

We recently celebrated the students' achievements with a Christmas party where we tasted Christmas foods from different countries and learned how to say Happy Christmas in lots of languages.

Mrs Jubb



We love hearing about students in any year group who have daily streaks on Duolingo .

Shout outs go to -

Olivia Swindells 9AP - 888 days

Jez Berry Potts 11CG - 250 days

Elodie Blomfield 7KS - 96 days

Jenny Price 8MR - 345 Days

Beatrice Blackford 8RH - 27 days

Grace Mackintosh 7PA - 36 days

LRC News

Accelerated Reader

All students in Years 7 and 8 are enrolled in a reading scheme called Accelerated Reader. Students take a comprehension test to assess their reading ability and this helps to guide them to select appropriate reading material. When students finish a book on the scheme they can take a short online quiz to check their understanding of what they have read. Students earn house points for each quiz that they pass. These are added at the end of each half term.



Students can take Accelerated Reader book quizzes at home at any time. The link for Renaissance Learning, who host the quizzes, is in the useful links section of the school website. Students should know their username and password but if they have forgotten they can contact me on s.nixon@marlborough.herts.sch.uk

The top ten readers so far this year are:

1. Dylan Jennings 7LG—2,455,351 words read
2. Hannah Tomlins 7LP—1,893,694 words read
3. Tom Baker 7LG—1,521,146 words read
4. Callum Gunatissa 7LP—1,251,146 words read
5. Nicole Rees 7LG—981,806 words read
6. Willem Pollard 7LG—960,250 words read
7. Davud Rehman 7MT—799,166 words read
8. Beatrice Blackford 8RH—740,751 words read
9. Bella Kerbey 7KS—667,134 words read
10. Alexie May Miller 7KS—563,610 words read



Book Fest 2023



All day visit from
poet Kimba



Second hand
book sale



Book cover
competition



Michael
Morpurgo & Liz
Kessler virtual visit

Book Fest 2023 20th February — 3rd March

For the first two weeks after half term we will be celebrating all things bookish with our Book Fest.

During the festival there will be a visit from performance poet and rapper Kimba on Monday 20th February, a virtual visit from our Big Read author Liz Kessler on Wednesday 22nd February and a virtual visit from Michael Morpurgo on Thursday 2nd March which is World Book Day.



The Michael Morpurgo visit is organised by Read for Good as part of a Readathon we are taking part in to raise money for books and story tellers in children's hospitals across the UK. All year 7 students will be taking part in the Readathon but any other student is welcome to join us too. The main aim is to get students reading more and there is no obligation to collect

sponsorship, however if you would like to donate there is more information about the Readathon and how you can donate online on the next page. Year 7 students will receive a sponsor card and bookmark on Monday 20th February and there are more cards available for students in other years if they would like to take part. Students can also keep a track of their reading online at Track my Read. Details of how to do this will be sent out on Monday 20th February once the Readathon has begun.



We will also be holding our usual 'Who's Behind the Book?' competition and a second hand book sale, proceeds of which will be added to the Readathon. All books will be priced at £1 or less.

We are also running a competition to design a book cover. This can be a new design for a book students have enjoyed or a completely original design. This will be a house competition so all students that participate will win house points and the winner will receive a £10 voucher to spend at our Scholastic book fair in March. Three runners up will receive £5 vouchers each.

All Year 7 students will receive one of the special World Book Day £1 books for free and in addition all students will be able to use the digital voucher for £1 off any book costing £2.99 or more from participating book shops and supermarkets. The vouchers can also be redeemed at our Scholastic book fair in school from 13th-17th March.



The voucher is on page 7.

*'The more that you read, the more things you'll know.
The more that you learn, the more places you'll go.'*
- Dr. Seuss



Dear Parent or Guardian,

We are running a **Read for Good Readathon** and we'd love your child to join in.

It's been proven that children who read for pleasure are more likely to be successful and happy throughout their lives (OECD, 2002).

The charity **Read for Good** encourages children to read through its unique motivational approach that inspires reluctant readers to give reading a go and keen readers to read more widely. Pupils can choose whatever they want to read - from comics to classics and audiobooks to blogs - they are not being assessed, it's all about reading for fun! And, they are motivated to read because the money they raise in sponsorship helps to provide a regular supply of brand new books and a resident storyteller to every major children's hospital in the UK.

The evidence from other schools is clear: teachers, parents and pupils all say that the freedom to choose what to read, combined with the knowledge that they are directly helping children in hospital, makes participation easy and compelling.

All you have to do is:

Take a look at what they plan to read, or help them complete their list of books to read. Remember they can read whatever they want: books, e-books, poetry, comics - anything goes! Sharing books is fine too (in fact recommended!) as well as listening to audio books.

Help your child find sponsors among family and friends. The easiest way to sponsor a child is at <https://readathon.my.salesforce-sites.com/sponsor> (which family and friends can use too).

Please support your child's sponsored read as much as you can. They'll be helping kids in hospitals get books, as well as helping themselves, and our school receives free books worth 20% of our grand sponsorship total, so there really is something in it for everyone.

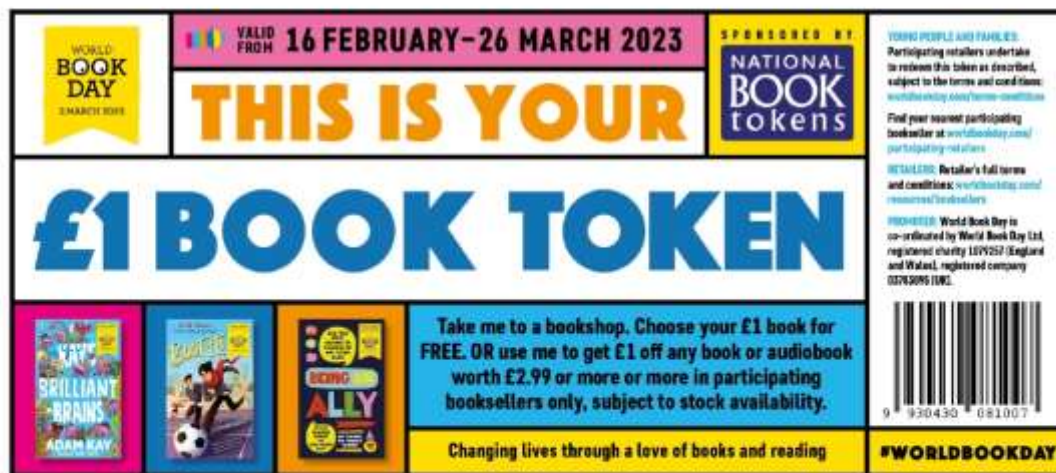
For more information, check out your child's sponsorship card and visit www.readforgood.org.

**Thank you for your support - helping your child to keep
reading, raising
and being amazing!**

readforgood.org    

26 Nailsworth Mills, Avening Road, Nailsworth, Gloucestershire GL6 0BS tel: 01453 839005

Readathon® and Track My Read® are part of Read for Good®, registered charity no.1130309 (England and Wales) no.SC041036 (Scotland).
Read for Good is registered with the Fundraising Regulator.



The Big Read 2023 – When the World was Ours by Liz Kessler

Students in Year 7, 8 and 9 have been studying our TMSA Big Read, When the World was Ours by Liz Kessler, in their English classes this half term. The book won the Children's Book Award for older readers in 2022 and was inspired by the true story of how Liz's father escaped from Nazi-occupied Europe.

We have copies of the book available to borrow from the LRC or you can buy your own copy via Arbor.

I am delighted that we will be holding a virtual visit with the author Liz Kessler on Wednesday 22nd February as part of our Book Fest.

Liz has kindly sent us a short video which talks about her inspiration for the book which you can find on the school website [here](#)

We have had some lovely reviews from students and staff which we are publishing on our Instagram account [here](#) Alexie May Miller 7KS and Hannah Tomlins 7LP were the first students to review the book and earn their badge. They have since both read our four previous Big Reads too. Well done girls. **Mrs Nixon**



St Albans Schools Book Award Discussion Day

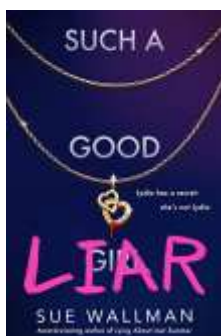
On Friday 21st January five of our Year 8 students joined students from five other local schools as we hosted a discussion morning for the 2022/2023 St Albans Schools Book Award (SASBA) which returns after a three year break due to Covid. Beatrice Blackford 8RH, Ellie Woodroof 8LO, Arbel Lifshitz 8MO, Marnie Brian 8LO and Joshan Kumar 8RG had read the three shortlisted books When the Sky Falls by Phil Earle, Such a Good Liar by Sue Wallman and Girl (in real life) by Tamsin Winter before the day and voted for their favourite after discussing the books with the students from Beaumont School, St Columba's College, Loreto College, Stags and Bishops Hatfield School.

Students then took part in a book quiz followed by a guess the book competition during their lunch break. After lunch author Penny Joelson led a writing workshop for the students and then announced the winning book. Girl (in real life) by Tamsin Winter was the runaway winner. The book is the story of Eva who has been the subject of her parent's blog since before she was born and is finding this increasingly difficult to deal with now she is a teenager. We have copies of all three of the books available to borrow from the LRC if you would like to find out more.

Mrs Shepard from Beaumont School created an award to send to the author which she was delighted with and posted a picture on her Instagram account (see right).

All the students enjoyed the day and we hope to be able to take part again next year.

Mrs Nixon



Liked by [_natashadevon](#) and 41 others

[tamsinwinterauthor](#) I am absolutely delighted to add this gorgeous sparkling award to my writing room! Girl (in Real Life) is the winner of the [#stalbansschoolsbookaward](#) !!! Huge thank you to all the schools involved and to all the lovely readers who voted for my book ❤️❤️❤️ [@usborne_books](#) [@sarahstewart_uk](#) [@usborneya](#) [#bookstagram](#)



Burns Night

On Wednesday 25th January, to celebrate the birth in 1759 of celebrated Scottish poet Robert 'Rabbie' Burns, the canteen was transformed in to a vibrant homage to all things Scottish. A magnificent muckle coo (Highland Cow) adorned the pay station and St Andrew's Saltires decked the food collection station. Dishes such as haggis, tablet and a delicious cranachan were all available and were devoured by our hungry students.

Burns' most notable poem was Auld Lang Syne, but he is also known for his poem, Ode to a Mouse;

*Wee, sleekit, cowran, tim'rous
beastie,
O, what a panic's in thy breastie!*

Thank you chefs and cooks.



NSPCC Number Day

To celebrate NSPCC Number Day 2023 on Friday 3rd February, students gathered in P3 to attempt to break the code and escape from the room. Students had to answer cryptic clues relating to Alexander Graham Bell, Ada Lovelace and other superstars of communication whose work inspired Alan Turing's brilliant code-breaking at Bletchley Park during the conflict of 1939-1945.

The payment pathway remains open to parents and students alike on Arbor should you wish to make a donation now.

Thank you all for your support,

Mrs Greenwood



Holocaust Memorial Day

Holocaust Memorial Day takes place on 27th January each year and to mark the occasion John Hajdu MBE came in to talk to Year 10 students on Monday 30th January. Mr Hajdu spoke about his escape from Nazi occupied Hungary during World War II.

Click on the image below to read an article about the visit in the Herts Advertiser.



This Week's Quote of the Week

"The rainbow is a part of nature, and you have to be in the right place to see it. It's beautiful, all of the colours, even the colours you can't see... we are all of the colours."

(Gilbert Baker)

Word of the Week

identify: verb—*associate someone or something closely with; regard as having strong links with*

Value of the Week

Courage

Year 8 Work Shadowing Day

Year 8 students took part in a day of work shadowing as part of our careers programme experiencing a wide variety of work environments including Yodel, Harlequins Rugby Club, Whitbread and Dementia UK. Students who were unable to arrange a placement attended a series of workshops and presentations in school.



Year 8 Abstract Clay Pots



Ms Rickman's Year 8 class have been working on abstract clay pots inspired by the work of Pablo Picasso, Kimmy Cantrell and traditional African masks.



English Stars of the Month for January

The following students have been recognised by their English teacher for their hard work, consistent effort and pleasing work in January.

**Willem Pollard 7LG, Millie Warren 7PA,
Lottie Newcombe 7KS, Mya McNelly 7AS,
Tobias Cropper 7LG, Paveen Dhillon 7EM,
Ewan Turner 7KS, Brodie Shaw 7PA, Sofia Williams 7HF,
Amelie Nicholas 8MO, Emma Aldred Browring 8RG,
Willow Pearson 8AK, Gethin Goold 8LO,
Rosie Fitzpatrick 8MO, Lily Rees 8RG
Musa Choudhury 8FW, Melayna Chikhliya 9SK,
Brooke Lynch 9MM, Arvid Saxholm 9AR, Annie Constable 9RT,
Yaaseen Khan 9EM, Ivy Sawyer 9DB, Isabella Ioannou 9VL, Katie Denyer 9DB,
Seth Ogier 10TA, Ilona Fitzpatrick 10JG, Jemima James 10KB, Callum McCloy 10EM,
Emily Clarke 10EA, Rachel Howell 10EM, Tasnim Ahmed 10EA, Nasim Shekh 10KA,
Lauren Caldwell 11AS, Jennah Whettam 11ES, Bao Allibon 11HA,
Daisy Howes 11HA, Lui Page 11RV, Amber Cutmore 11CG, Mia Samson 12NG,
Maddison Scott 13SL**



Revision Workshops

Please click on the image for more details of the workshops which begin on Saturday 25th February and cost £5 each.

**2023 GCSE
MATHEMATICS
REMOTE
REVISION
WORKSHOPS
FOR STUDENTS.**

Following the success of last year's programme, our secondary Maths advisers will be leading 24 topic-based online workshops during February and March: 12 for Foundation Tier and 12 for Higher Tier.

Support for Families

Dear Parents and Carers,

We are all aware of how difficult situations can be during this time with the cost of living going up considerably. Please do not hesitate to contact Mrs Aylward on 01727 731339 or Mrs Hicks on 01727 731364 if you require some help with foodbank vouchers. We are both here to support all our students and families through difficult times.

Kindest regards

Mrs Aylward



Greenpeace Panel

On the Friday 2nd of December, Marlborough hosted a Greenpeace conference, where myself and Sean Neveling 13JM from the Marlborough Eco Committee had the honour of being on a panel along with prominent local figures such as Daisy Cooper, MP for St Albans. The panel aimed to discuss the cost-of-living crisis, sustainable energy sources and how we must change our day-to-day living practices to better react to these tumultuous times. We tackled how the curriculum must adapt to prepare students for the environmental needs of the future, and how our institutions of energy generation must switch to greener means and what needs to be implemented for these changes to occur. In response, the Eco Council is working closely with several organisations to help make students more aware of what they can do in their own communities to help us all deal with what is quickly developing into a global crisis.

Mathra Kapugama Geeganage 13SL



Maths News

On Friday 6th January the following Year 10 students took part in a really exciting day of maths filled challenges and thought provoking activities at the University of Hertfordshire:

Fenton Voisey 10TA

Amaar Khan 10KA

Janine Hipkin 10KA

Dhruv Sonigra 10KA

Lottie Andrews 10KA

Flo Van Huet 10KB

Scarlet Sanders 10EM

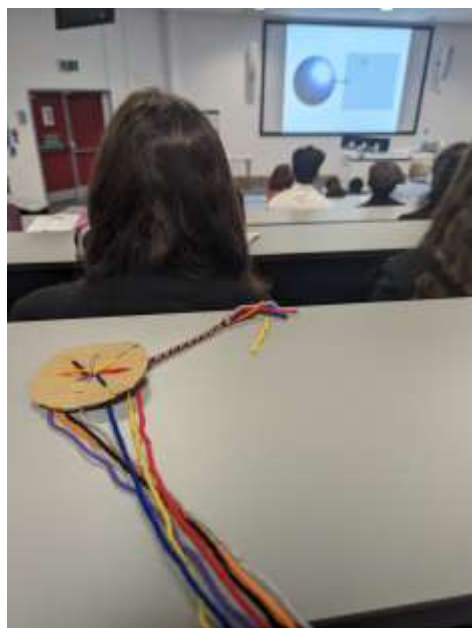
Fergus Thomson 10EM

Harrison Blackford
10EM

Oliver Farmer 10EM

Toby Davies 10KA

Luke Kehr 10EM



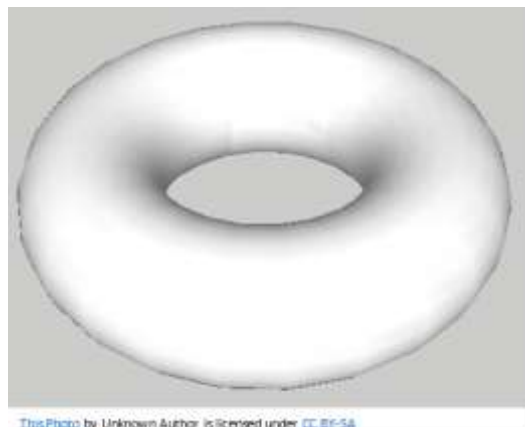
All the students thoroughly embraced the activities and performed 'out of their skins'. The first event of the day involved mixing everybody together and completely took everyone out of their comfort zones, a challenge to which our students rose admirably. Team 2 were clearly robbed of the prize in spite of their speed and excellence!! The team involved our Fergus, plus a student from Watford Girls Grammar School and 2 other participants. They worked seamlessly despite never having met before and created an amazing dragon from the answers to the rapid fire relay questions they had completed. Well done Fergus!!

After lunch, we were back in the auditorium where we were challenged with an activity where we had to create cords from wool and cards. Our tutor, from UCL Mathematics, is currently researching how many different approaches can be used to create this cord which has overtures of rope making involved. Some colourful skeins were produced as can be seen in Miss McLaughlin's picture of the lecture hall, on the desk before her.

The highlight of the afternoon was the consideration of 3D and 4D in computer gaming technology. Some lucky students from other schools were invited to play the games to demonstrate the relationship between the gaming environment and the 3D shapes that correspond, eg a torus, which is a 'squashed doughnut'.

The day was very interesting and the students thoroughly enjoyed themselves.

Mrs Greenwood



OPEN DAYS

HEMEL HEMPSTEAD

Saturday 5 November 9:30am - 12:30pm

Saturday 25 February 9:30am - 12:30pm

Saturday 17 June 9:30am - 12:30pm

WATFORD

Saturday 12 November 9:30am - 14:00pm

Saturday 4 March 9:30am - 13:00pm

Saturday 24 June 9:30am - 13:00pm

BOOK NOW



→ westherts.ac.uk

→ 01923 812345

The Hub

ASC/SEND Coffee Morning

Vista St Albans will be hosting a number of coffee mornings with a School Family Worker to help support Parents/ Carers of children with Special Educational Needs and Disabilities, diagnosed or not. This is an informal and safe place for Parents/Carers to share information and chat.

Running alongside our coffee morning, there will also be the opportunity to pre-book an appointment with a member of staff from the SEND Specialist Advice and Support Service (These sessions are for ASC advice).
Times available are: 9.30am, 10.00am, 11.00am and 11.30am

Time: Coffee Morning starts at **9.15am** until **11.00am**
(no need to book)

Venue: The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, AL1 4LW
(The Hub is situated to the right hand side of the School building)

**For more information about this service or to book an appointment
please call Vista/St Albans Plus on 07584 798528
Email: vistastalbans@gmail.com**



Dates:

Wednesday 18 January 2023
Wednesday 08 March 2023
Wednesday 26 April 2023
Wednesday 28 June 2023



www.vistastalbans.org.uk
www.facebook.com/Vistastalbans

Join the St Albans & Harpenden Volunteer Police Cadets



Volunteer
Police
Cadets

- Interested in police work?
- Aged between 13 and 18?
- Interested in a varied role where you can develop a range of skills, help your local community and have fun?



HERTFORDSHIRE
CONSTABULARY



f /hertspolice

@StAlbansVPC

www.herts.police.uk/cadets



For further information and an application pack email:
stalbanscadets@herts.pnn.police.uk



M Festival

We are delighted to confirm that M Festival is back next summer!

NEWS



NEWS

We realise how money is tight at the moment and are offering tickets at 2022 prices if you buy your tickets in our super early bird or early bird offer. We have also introduced discounted prices for one parent families this year.

As usual, we have lots of great music on our Main stage with some fantastic headliners already secured, plenty of activities, some of which are free including the arts and craft stall, circus skills workshop, wildlife shows and mini golf. We also have funfair rides and giant inflatable activities which we guarantee will all be reasonably priced. There will also be a host of competitively priced local food and beverage stalls.

There are many reasons to bring your family and friends along to M Festival on Saturday 1st July as it has established itself as a fantastic local community event. You have helped us raise more than £110,000 over the last 14 years, with all the profits benefiting our students at the school.

GET INVOLVED

We have plenty of sponsorship and programme advertisement opportunities for local businesses to get involved in supporting M Festival. If you know anyone that may be able to help us, please pass the message on about our local community festival. More information can be found by [clicking here](#).

We are looking for volunteers to help on the day. It would be amazing if you could give as little as an hour to help our community festival. This year we have a very simple hourly slot booking system across a number of activities/stalls. [Click here to sign up](#).

We hope you can join us for a great day!

M Festival Team

www.mfestival.co.uk



ULTIMATE
GOLDPLAY



RPJ BAND
FT RICK PARFITT JR.



ELECTRIC
UMBRELLA



TICKETS:	SUPER EARLY BIRD	EARLY BIRD	ONLINE PRICING
ADULT TICKET	£22.00	£26.00	£30.00
STUDENT TICKET	£11.00	£13.00	£15.00
FAMILY OF 4 <small>2 adults + 2 children</small>	£55.00	£65.00	£75.00
FAMILY OF 5 <small>3 adults + 2 children</small>	£66.00	£78.00	£90.00

*Under 5's go free!

BUY TICKETS

INSTAGRAM

FACEBOOK

Attendance Procedures

Parental Procedure for Informing School of Absence

Student Illness	Medical Appointments	Other Exceptional Circumstances
<p>Parent/carer to contact the school by 8.20am on the morning of each absence.</p> <p>Contact can be made in either of the following methods</p> <ol style="list-style-type: none"> 1. By phone to the attendance line on 01727 731368 2. By email at attendance@marlborough.herts.sch.uk <p>Please provide your child's name, form and reason for absence and expected date of return</p>	<p>Parent/carer to inform the school in advance of the medical appointment</p> <p>Contact can be made in either of the following methods</p> <ol style="list-style-type: none"> 1. By phone to the attendance line on 01727 731368 2. By email at attendance@marlborough.herts.sch.uk <p>Please provide your child's name, form and reason for absence and expected date of return</p>	<p>For reasons including absence due to funerals, weddings, sporting trips etc. parents/carers must write directly to the headteacher for consideration.</p> <p>By law, only the head teacher can authorise your child's absence and will therefore make a decision whether the exceptional circumstance can be authorised.</p>
<p>If your child is frequently absent due to illness and/or medical appointments the school may request permission to contact your GP for confirmation that they are too ill to attend school. Medical evidence maybe requested for each absence</p>		

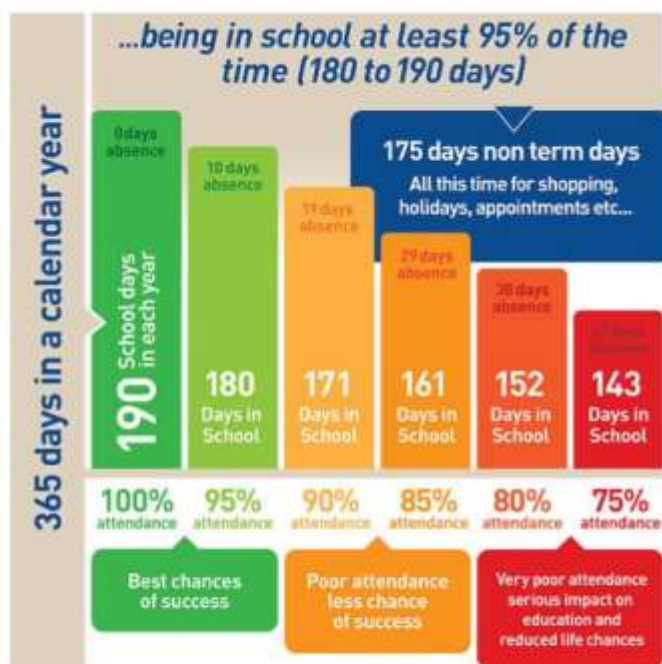


The Marlborough Science Academy



Revised July 2022

How Does Absence Affect Academic Progress?



How will absences from school affect my child's progress at school?

Attainment Levels

The quality of school work and qualifications gained will be significantly lower if attendance is lower.

School Routine

Your child's learning could be disrupted by the missing of vital class work.

A young person's well-being and long-term life opportunities may be adversely affected by the missing of positive experiences associated with school and learning.

The School expects all students to aim for 100% attendance. 96% attendance is regarded as good and can be achieved with some illness. Any attendance that creates cause for concern would initiate intervention by the school.

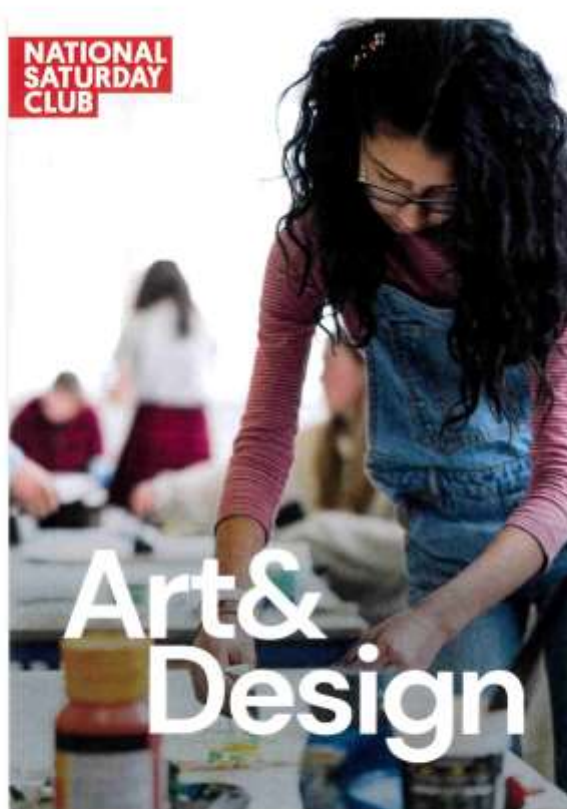


The Marlborough Science Academy



Revised July 2022

Community News



**NATIONAL
SATURDAY
CLUB**

Commencing
14th January
2023


OAKLANDS COLLEGE

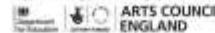
Free Art & Design Club, Saturday mornings
at our St Albans Campus. Scan the QR code
for details and to join.

Join the Club

It's free and 13–16 year olds of
all abilities are welcome.

- Develop new skills
- Discover your talents
- Learn from industry experts
- Build your confidence
- Explore a subject you love
- Meet like-minded people
- Find out about careers

Supported using public funding by:



Find your
local Club:



PLAYERS WANTED! U16 INCLUSIVE

We currently have spaces in our pan-
disability U16 Inclusive Team for ages
12-15 years, boys & girls.

Friendly, supportive environment.

Make friends, be part of a team, play
matches & take part in special events.

Saturday's 10.30am to 11.30
Nicholas Breakspear School,
St Albans, Herts.

Book your Free Trial:

inclusion@cityyouthfc.com

PLAY FOOTBALL



Support for Families

St Albans & District Foodbank

Several of the distribution centres are now able to offer a CAB officer to talk with clients on a regular basis. At the moment they have been attending New Greens, London Colney and Harpenden distribution centres every two weeks.



There is no longer a centre at St Stephen Church, Watling Street.

Local distribution centres are as follows:



Monday Morning

The Vineyard Church

7 Brick Knoll Park, St Albans, AL1 5UG

10.00am- 12.00pm

Monday Afternoon

Redbourn Methodist Church,

North Common, AL37BU

2.00pm-3.30pm

Tuesday

Christchurch, New Greens

1.00pm – 3.00pm

3 High Oaks, St Albans; AL3 6DJ

Wednesday

Cottonmill Community Centre

12 Old Oak, Cottonmill Lane

St Albans, AL1 2EF

13.00-15.00

Thursday

Hilldyke Community Centre

17 Hilldyke Road, Wheathampstead

AL4 8TU

12.30pm-2.30pm

Friday Morning

London Colney Parish Council

Caledon Community Centre, Caledon

Road, London Colney, AL2 1PU

10.00am-12.00pm

Friday Afternoon

Crabtree Church-Harpenden

139 Crabtree Lane, Harpenden

AL5 5RD

1.00pm- 3.00pm

Support for Families



FREE ONLINE SPRING 2023 WORKSHOPS FOR HERTS PARENTS/CARERS

Online Workshops funded by HCC	Audience	Day	Date	Time
Diagnosing ADHD and/or Autism	Parents/carers	Thu	5.1.23	10:00 - 11.30
Understanding ADHD	Parents/carers	Mon	9.1.23	10:00 - 11.30
Caring for Your Child (and Yourself)	Parents/carers	Tues	10.1.23	10:00 - 11.30
Tips & Tools to Build Self-Esteem	Parents/carers	Wed	11.1.23	10:00 - 11.30
Tips & Tools for Sleep	Parents/carers	Wed	11.1.23	19:00 - 20:30
Working in Partnership with School	Parents/carers	Mon	16.1.23	10:00 - 11.30
Tips & Tools to Support Communication	Parents/carers	Wed	18.1.23	10:00 - 11.30
Understanding Autism	Parents/carers	Wed	18.1.23	19:00 - 20:30
Applying for an EHCP	Parents/carers	Mon	23.1.23	10:00 - 11.30
Understanding PDA	Parents/carers	Tue	24.1.23	10:00 - 11.30
Tips & Tools to Teach Emotional Literacy	Parents/carers	Wed	25.1.23	10:00 - 11.30
Tips & Tools for Toileting	Parents/carers	Wed	25.1.23	19:00 - 20:30
Preparing for an EHCP Annual Review	Parents/carers	Mon	30.1.23	10:00 - 11.30
Understanding ADHD in Girls	Parents/carers	Tue	31.1.23	10:00 - 11.30
Tips & Tools to Support Learning	Parents/carers	Wed	1.2.23	10:00 - 11.30
Support for Dads	Parents/carers	Mon	6.2.23	19:00 - 20:30
Understanding Autism in Girls	Parents/carers	Tue	7.2.23	10:00 - 11.30
Tips & Tools to Manage Everyday Change	Parents/carers	Wed	8.2.23	10:00 - 11.30
Half Term				
Supporting Siblings	Parents/carers	Mon	20.2.23	10:00 - 11.30
Understanding Challenging Behaviour	Parents/carers	Tue	21.2.23	10:00 - 11.30
Tips & Tools to Manage Anger	Parents/carers	Wed	22.2.23	19:00 - 20:30
Supporting Transition into Primary School	Parents/carers	Mon	27.2.23	10:00 - 11.30
Understanding Sensory Differences	Parents/carers	Tue	28.2.23	10:00 - 11.30
Tips & Tools for Self Harm	Parents/carers	Wed	1.3.23	10:00 - 11:30
Tips & Tools to Manage Sensory Differences	Parents/carers	Wed	1.3.23	19:00 - 20:30
Supporting Transition into Secondary School	Parents/carers	Mon	6.3.23	10:00 - 11.30
Understanding Anxiety	Parents/carers	Tue	7.3.23	10:00 - 11.30
Tips & Tools to Support Puberty	Parents/carers	Wed	8.3.23	10:00 - 11.30
Tips & Tools to Manage Anxiety	Parents/carers	Wed	8.3.23	19:00 - 20:30
Tips & Tools for Positive Behaviour	Parents/carers	Mon	13.3.23	10:00 - 11.30
Preparing for Adulthood (14+)	Parents/carers	Wed	15.3.23	10:00 - 11.30
Understanding Neurodiverse Teens	Parents/carers	Wed	15.3.23	19:00 - 20:30
Tips & Tools to teach Social Skills	Parents/carers	Mon	20.3.23	10:00 - 11.30
Thinking About College?	Parents/carers	Tue	21.3.23	10:00 - 11.30
Thinking About University?	Parents/carers	Wed	22.3.23	10:00 - 11.30

01727 833963

herts@add-vance.org

<http://www.add-vance.org/>

Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website

These workshops are funded by Hertfordshire County Council and are open to residents of Hertfordshire only.

Support for Families

Please click on the images below to see the full size posters.



ADD-vance
The ADHD and Autism Trust

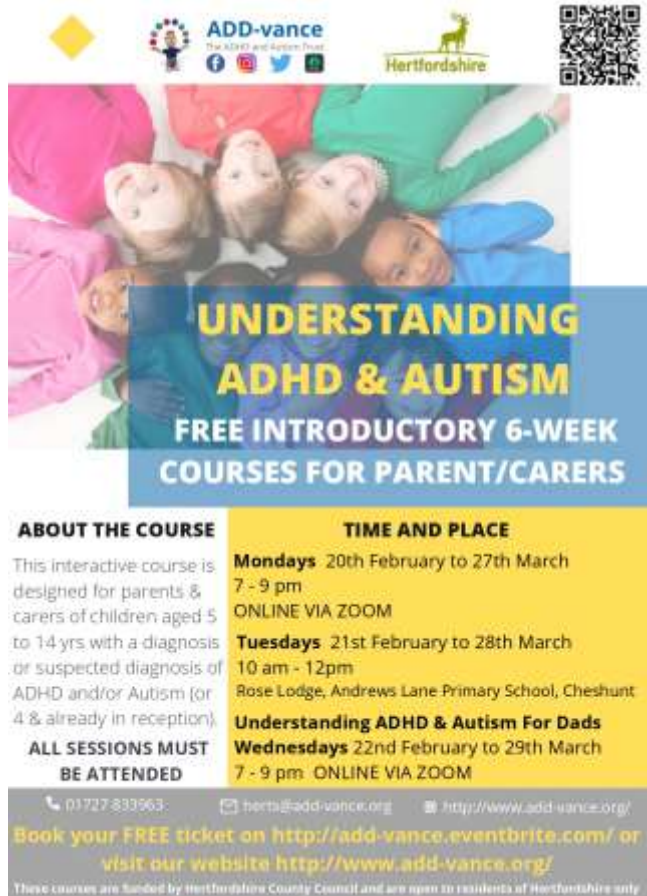
Hertfordshire

SUPPORT GROUPS
FREE ONLINE SUPPORT GROUPS
FOR HERTS PARENTS/CARERS

ABOUT THE GROUPS
ADD-vance runs regular support groups which provide an opportunity for you to meet other local parents and discuss individual concerns with two specialist ADD-vance coaches. We welcome parents and carers who have a formal diagnosis for their child, as well as those who do not have a formal diagnosis but would like to learn more about neurodiversity.

TIME AND PLACE
General Primary Aged Children Support Group
Tuesday 21/02/23 - 1-2 pm
General Secondary Aged Children Support Group
Tuesday 28/02/23 - 1-2 pm
Challenging Behaviour Support Group
Tuesday 07/03/23 - 1-2 pm
Managing Self Harm Support Group
Tuesday 14/03/23 - 1-2 pm
School Anxiety Support Group
Tuesday 21/03/23 - 1-2 pm
Anxiety/Mental Health Support Group
Tuesday 28/03/23 - 1-2 pm
ALL ONLINE VIA ZOOM

01727 833963 | herts@add-vance.org | http://www.add-vance.org/
 Book your **FREE** ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>
 These groups are funded by Hertfordshire County Council and are open to residents of Hertfordshire only



ADD-vance
The ADHD and Autism Trust

Hertfordshire

UNDERSTANDING ADHD & AUTISM
FREE INTRODUCTORY 6-WEEK COURSES FOR PARENT/CARERS

ABOUT THE COURSE
This interactive course is designed for parents & carers of children aged 5 to 14 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism (or 4 & already in reception).
ALL SESSIONS MUST BE ATTENDED

TIME AND PLACE
Mondays 20th February to 27th March
7 - 9 pm
ONLINE VIA ZOOM
Tuesdays 21st February to 28th March
10 am - 12pm
Rose Lodge, Andrews Lane Primary School, Cheshunt
Understanding ADHD & Autism For Dads
Wednesdays 22nd February to 29th March
7 - 9 pm ONLINE VIA ZOOM

01727 833963 | herts@add-vance.org | http://www.add-vance.org/
 Book your **FREE** ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>
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ADD-vance
The ADHD and Autism Trust

Hertfordshire

UNDERSTANDING ADHD & AUTISM IN THE EARLY YEARS
FREE INTRODUCTORY 6-WEEK COURSE FOR PARENT/CARERS

ABOUT THE COURSE
This interactive course is designed for parents & carers of children aged 2 to 5 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism

TIME AND PLACE
Thursdays
23rd February - 30th March 2023
9.30 am - 11.30 am
Online

01727 833963 | herts@add-vance.org | http://www.add-vance.org/
 Book your **FREE** ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>
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ADD-vance
The ADHD and Autism Trust

Hertfordshire

UNDERSTANDING TEENS WITH ADHD & AUTISM
FREE INTRODUCTORY 6-WEEK COURSES FOR PARENT/CARERS OF TEENS

ABOUT THE COURSE
This interactive course is designed for parents/carers of children aged 12 to 15 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism.

TIME AND PLACE
Tuesdays
21st February to 28th March
7 - 9 pm
ONLINE VIA ZOOM

01727 833963 | herts@add-vance.org | http://www.add-vance.org/
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Support for Families

Children's Wellbeing Practitioner Workshops (January – March 2023)

Workshops are open to all young people & parents/carers of children and young people who attend a school or are registered to a GP in Hertfordshire. A referral is not needed to access a workshop.

All workshops are currently being delivered online via Microsoft Teams. For more information about what each

<https://www.eventbrite.co.uk/o/childrens-wellbeing-practitioners-school-nursingservice-hertfordshire-33494371787>

<u>Workshop</u>	<u>Date & Time</u>
Emotional Wellbeing (For Young People 11-16) A workshop focused on adolescents managing their own emotional wellbeing and things parents/carers can do to help.	Wed, 18 th January 18:00 Wed, 15 th March 18:00
Supporting Adolescents with Self-Esteem A workshop focused on adolescents improving their self-esteem and what parents can do to support.	Thu, 26 th January 18:00 Thu, 23 rd March 18:00
Supporting your Child's Self-Esteem A workshop focused on parents/carers supporting their child to improve their self-esteem.	Thu, 12 th January 10:00 Thu, 9 th February 18:00 Thu, 9 th March 10:00
Supporting Adolescent with Sleep Difficulties A workshop focused on adolescents managing and improving their sleep difficulties and how parents/carers can help.	Wed, 15 th Feb 12:00
Supporting your Child with Sleep Difficulties A workshop focused on parents/carers supporting their child with sleep difficulties.	Tue, 17 th January 10:00 Thu, 16 th February 18:00 Tue, 14 th March 10:00
Developing your Child's Emotional Literacy A workshop focused on parents supporting their child with developing emotional literacy.	Tue, 10 th January 10:00 Tue, 7 th February 18:00 Tue, 7 th March 10:00
General Emotional Wellbeing and Regulation Tips for Parents A workshop focused on parents supporting their child's general emotional wellbeing and emotional regulation.	Tue, 24 th January 18:00 Thu, 23 rd February 10:00 Tue, 21 st March 18:00
Exam Stress A workshop supporting children and adolescents with managing exam stress.	Wed, 4 th January 10:00 Wed, 25 th January 18:00 Tue, 14 th February 10:00 Wed, 22 nd March 18:00

To access the recorded Emotionally Based School Avoidance Webinar please visit: <https://www.hct.nhs.uk/ourservices-and-referral-information/our-services-a-z/childrens-wellbeing-practitioners-service/>



Term Dates

Spring Term 2023

Start of Term - Thursday 5th January 2023

Spring Half Term - Monday 13th February to Friday 17th February 2023

Last Day of Term - Thursday 30th March 2023

Inset Day - Friday 31st March 2023

Summer Term 2023

Start of Term - Monday 17th April 2023

Bank Holiday - Monday 1st May 2023

Bank Holiday - Monday 8th May 2023

Summer Half Term - Monday 29th May to Friday 2nd June 2023

Last day of Term - Friday 21st July 2023

Autumn Term 2023

Staff Inset Day - Friday 1st September and Monday 4th September 2023

Start of Term - Tuesday 5th September 2023

Half Term - Monday 23rd - Friday 27th October 2023

Occasional Day - Friday 24th November 2023

End of Term - Wednesday 20th December 2023

Spring Term 2024

Start of Term - Thursday 4th January 2024

Half Term - Monday 19th - Friday 23rd February 2024

End of Term - Wednesday 27th March 2024

Inset Day - Thursday 28th March 2024

Summer Term 2024

Start of Term - Monday 15th April 2024

Bank Holiday - Monday 6th May 2024

Half Term - Monday 27th - Friday 31st May 2024

End of Term - Friday 19th July 2024

If you have any questions and are not sure who to ask
please click here for the [general enquiry form](#)



Marlborough News

www.themarlbroughscienceacademy.co.uk

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