



Parent Governor Vacancy

We have a strong team of Governors working together to help the school. We now have a Parent Governor vacancy for which is a great opportunity to make a positive contribution to the school and the community we serve. As the school is an Academy, all governors are also directors of the Academy Trust and your name will be registered at Companies House. If you are interested I would encourage you to talk to one of the Governors before putting yourselves forward. That way you will understand more about what the Governors do at Marlborough and the commitment required to be effective in the role. Feel free to contact me via the school and I can put you in touch with one of the team.

Jane Walker-Smith

Chair of Governors

Student Achievement Clontarf Cup – Galway, Ireland

On Saturday 25th and Sunday 26th January Owen Dorrington 8RV was part of the Under 13's squad representing Watford Water Polo Club in the Clontarf Cup in Galway, Owen's team were the only English team taking part and won all their games on the first day of the tournament.

They eventually finished in third place, Owen is pictured here with his bronze medal.



Game Changer Day – Paperbirds Theatre Company Visit



On Tuesday 7th January, Year 10 and Year 12 students were provided with a fantastic opportunity to work with 'The Paperbirds,' a theatre company who create and tour their own devised performances. One of the key skills for the GCSE and A level Drama courses is being able to develop your own work from a stimulus.



On the day students were introduced to different exercises that The Paperbirds use to generate movement and dialogue for their performances.

Students really enjoyed the day and the benefits are already very clear in the development of Year 12s devising coursework.

Mrs Griggs



"I enjoyed the final piece we came up with it was really interesting how everything went together, It will help us when creating our performances because it shows there are many ways of creating material and encourages us to think outside the box". - Juliet Year 10

"The most enjoyable part of the workshop was the routine built from our individual ideas. I particularly enjoyed this part because there was a lot freedom to express emotion both verbally and physically. I feel as if It will help especially with building a performance in a shorter amount of time. As well as taking two separate ideas and combining them so they complement one another making the performance more enjoyable to watch as an audience." - Micaela Year 10

"I loved learning about the different ways that i can devise my piece and use different techniques to make the piece more interesting, I will be able to use the exercises that I learned in the workshop to develop and form a better piece of work as well as make each individual scene more captivating and interesting." - Liam Year 10



Schools Art Exhibition

The Schools Art Exhibition at St Albans Museum is open until Sunday 2nd February. On display is an A level piece by Christopher Benn who was in Year 13 last year and a GCSE piece by Demi Hill who was in our Year 11 cohort last year. For more information see the link below.

<https://www.stalbansmuseums.org.uk/whats-on/schools-art-exhibition>

Boys on a Bench by Christopher Benn
Oil on canvas— one meter by one meter



My Brother Harvey by Demi Hill
Acrylic on canvas— one meter by one meter



The Marlborough
Science Academy
'shaping futures'

The Marlborough Science Academy

invites you to attend an

Apprenticeship Fair

on Wednesday 5th February 2020

from 5 – 8pm

This is an opportunity to come along and find out more about apprenticeships and what training providers and companies have on offer.



Watling Street, St Albans. AL1 2QA | Tel: 01727 856 874

Email: admin@marlborough.herts.sch.uk

Website: www.themarboroughscienceacademy.co.uk

Confirmed Exhibitors include:

AECOM

Amthal

Army Outreach

Bam Construction

Deloitte LLP

DeVere Hotels

Dickinsons Accounting

Hertfordshire University

Hertfordshire Community Trust

Herts Police

LMP Education

Morgan Sindall Properties

Navy And Royal Marines

NHS Trust

Oaklands College

Premier Foods

Sporting Futures

Springpod

YC Hertfordshire (Youth Connexions)

Toni & Guy

Year 9 Science Careers Presentation

On Friday 24th January Dr Paul Winter a clinical neurologist and oncologist visited the school to talk with Year 9 about careers in science. As a STEM ambassador Paul has had a large amount of experience visiting schools to enlighten students on some of the different science pathways available. Throughout his talk he used examples of his own life and that of other scientists to illustrate that the subject is about passion and desire to help and support individuals and society.



His talk was engaging and enjoyable ranging from the use of Virtual Reality in surgical techniques to the development of a prosthetic arm produced using 3D printing.



Health and Safety News

Unfortunately, some parents are still parking either on the verge of Watling Street or in the driveways of our neighbours, whilst they collect their child from school. Before Christmas I witnessed two parents reverse from opposite driveways and then collide with each other in the middle of the very busy road, causing danger to themselves and all other users.

We have also had some parents drive excessively fast within school grounds and I have also witnessed parents dropping their child off at the closed front gates and either reversing onto the pavement or into Watling Street causing even more danger to themselves and others.

Therefore may I make another plea please:

- Could you arrange a suitable location to collect your child away from school that is both safe for you, your child and that does not adversely affect the life of our neighbours.
- Adhere to the **5MPH** speed limit that is imposed on school premises.
- If you drop off your child when the gates are closed, that you actually get out of your vehicle and press the button for the gates to have them opened for you. You can then ensure both your child's and your own safety and also that of other road users and pedestrians.

I have already contacted the police and the council regarding the issues identified and so hopefully we will see increased patrols in the area, ensuring all our students are safe.

Chris Paice

Estates and Health and Safety Manager



Children's Mental Health Week

Monday 3rd– Sunday 9th February

We are proud to be supporting Place2Be's Children's Mental Health Week. Join us and help to shine a light on the importance of children and young people's mental health. Find out more at www.childrensmentalhealthweek.org.uk



M Festival – Saturday 4th July 2020

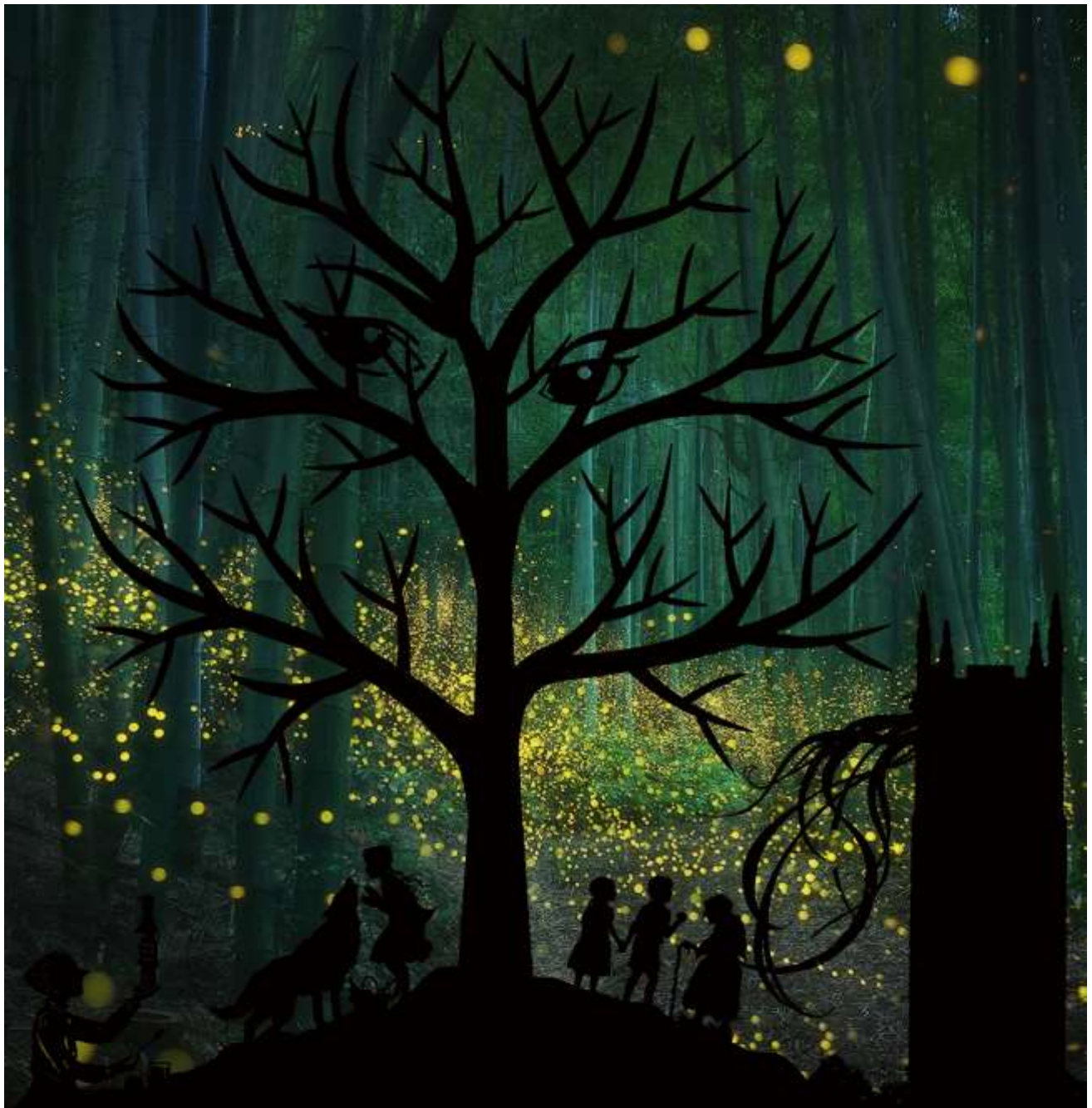
Our eleventh M Festival is coming up in July with another great line up and even more activities for all the family to enjoy. This year we are going all inclusive so your entry price includes the fun fair rides and all activities. All you will need to pay for is food and drink on the day.

Early Bird tickets will sell out soon so go to www.themfestival.co.uk to secure your tickets for a fantastic day out!



Whole School Production

Tickets are now available for this year's school production of The Grimm Tales
Wednesday 4th—Friday 6th March.



THE GRIMM TALES

4th - 6th March 2020

Da Vinci Hall

7pm

Adults £8
Concession £5

Family £20
2 adults and 2 children
1 adult and 3 children

Tickets available via School Gateway

Lost Property

Reception have a large number of unnamed items of lost property which have not been claimed. If you believe that your child has lost any belongings please come in to reception to collect them as soon as possible. Due to storage constraints any items not collected by February half term will be donated to charity. Thank you for your understanding

This Week's Quote of the Week

"A room without books is like a body without a soul (Marcus Cicero)

Word of the Week

Powwow (noun) A talk or conference

A Space to Be



A Space to Be is a series of workshops for 14-18 year olds who need somewhere to unwind. If this sounds like something you would be interested in please talk to Mrs Aylward for more details.

A smaller version of the 'A Space To Be...' poster, showing the central circle and the text 'CREATIVE RELAXED YOURSELF'.

What is it?
9 weekly 2 hour workshops.
We provide pizza so you won't go hungry!

Who is it for?
Anyone aged 14-18 who needs a bit of time out in a friendly, relaxed space.

When is it?
Weekdays after school.

What will I be doing?
Different venues will be hosting different creative activities - it might be photography, art, writing, music, collage...
Most importantly - **you don't need any experience** - everyone is welcome including complete beginners.
It is NOT a formal art class.

Where does it take place?
Hatfield
Hitchin
Royston
St Albans
Stevenage
Watford

How will I get there?
All of the workshops will be easy to get to but if you need help to access them we may be able to provide transport.

How do I find out more?
Call or text **07746 578 292** or email aspacetobeherts@gmail.com or talk to your teacher.

HERTSHIRE HERITAGE FUND

OLLIE **SHARE Museums East** **ARTS COUNCIL ENGLAND** **Hertfordshire**

Three Peaks Challenge

The Boys Need Your Support!!

St Albans Junior Young farmers Three peaks challenge for Herts Young Homeless



In May this year, St Albans Young Farmer's members: Maximus Hooper 16, William Grovestock 15, Thomas Bone 16, Erik Hooper 14 and Jack Brenson 15, have decided to take on the three peaks challenge in aid of Herts Young Homeless due to rising levels of young people becoming homeless in and around the area. The charity supports young homeless people with both short and long term solutions by supplying hostels and night stops in order to work towards setting young people back up for a financially and emotionally stable future.

The Three Peaks challenge itself involves successfully climbing Ben Nevis, Scafel Pike and Mount Snowdon in 24 hours so please help these boys raise awareness by donating what you can~ every penny counts!

<https://paypal.me/pools/c/8IX9aTR9fv>



Please scan the QR code with your phone to be taken to the PayPal donation page.

Keep up to date with what the boys are up to with training and fundraising on the St Albans Young Farmers Facebook page:

<https://www.facebook.com/stalbansyoungfarmers/>

The boys go on a training weekend in March to learn some map and compass skills and see how their hill walking is.

Thanks in advance for all your support.

Oaklands College

Choose your course and campus...

St Albans Campus

Hatfield Road, St Albans, Herts AL4 0XR

**Open Evening
Tues 4th February**

🕒 5-8pm

Welwyn Garden City

The Campus, Welwyn Garden City, Herts AL8 6AH

**Open Evening
Wed 5th February**

🕒 5-8pm

- Adult Short Courses
- A Levels
- Agriculture
- Animal Management
- Apprenticeships
- Art, Fashion & Design
- Brickwork & Construction Trades
- Business
- Carpentry
- Computing & Technology
- EFL / ESOL
- Electrical Installation
- Equine Studies
- Higher Education
- Hospitality & Catering
- Horticulture
- Motor Vehicle
- Plumbing
- Public Services
- Sports Studies & Academies
- Supportive Learning

- Access to Higher Education
- Apprenticeships
- Applied Science
- Business
- Childcare
- Computing & Technology
- Construction & Civil Engineering
- Engineering
- Hair & Beauty
- Health & Social Care
- Higher Education
- Media
- Music
- Performing Arts
- Supportive Learning
- Travel & Tourism

Dates for your diary...

St Albans Campus

Open Evenings

Wed 29th April 🕒 5-7pm

Thurs 18th June 🕒 5-7pm

Dates for your diary...

Welwyn Garden City

Open Evenings

Tues 28th April 🕒 5-7pm

Thurs 18th June 🕒 5-7pm

www.oaklands.ac.uk

01727 737 000



GCSE Mathematics and AQA English 2020 revision workshops

Purposeful revision in a supportive environment

Designed to motivate and challenge students in an engaging, focused and active learning environment, our revision workshops are led by subject experts with a wealth of experience in providing additional support



Half-day workshops **£45.00** and full-day workshops **£90.00** incl. VAT

Taught in groups of up to 30 students by two subject specialists, these tried and tested revision workshops will:

- boost your child's confidence and enable them to feel 'exam ready'
- provide each student with exam strategies and revision techniques to help them succeed
- share high quality examination responses to support their own learning
- give your child the opportunity to complete a range of revision activities, addressing the skills needed with immediate feedback
- provide high quality resources to take away to support their independent revision

Parents and schools can book places through the **HfL CPD Hub** at cpd.hertsforlearning.co.uk

For more information regarding these workshops, please contact: training@hertsforlearning.co.uk or call **01438 845111**

01438 845111
hertsforlearning.co.uk



2020 GCSE Mathematics and English Revision workshops for your child

Saturday workshop sessions at The Samuel Ryder Academy, St. Albans

GCSE Mathematics - Foundation Tier: Number Course code: MAT/20/41/S	18th January, 9.30am-12.30pm
GCSE Mathematics - Higher Tier: Number Course code: MAT/20/165/S	18th January, 1.00pm-4.00pm
AQA GCSE English Literature: A Christmas Carol Course code: ENG/20/50/S	25th January, 9.30am-12.30pm
AQA GCSE English Literature: An Inspector Calls Course code: ENG/20/51/S	25th January, 1.00pm-4.00pm
GCSE Mathematics - Foundation Tier: Algebra Course code: MAT/20/42/S	1st February, 9.30am-12.30pm
GCSE Mathematics - Higher Tier: Algebra Course code: MAT/20/43/S	1st February, 1.00pm-4.00pm
AQA GCSE English Literature: Macbeth Course code: ENG/20/52/S	8th February, 9.30am-12.30pm
AQA GCSE English Literature: Romeo and Juliet Course code: ENG/20/53/S	8th February, 1.00pm-4.00pm
GCSE Mathematics - Foundation Tier: Ratio & Proportion Course code: MAT/20/44/S	15th February, 9.30am-12.30pm
GCSE Mathematics - Higher Tier: Ratio & Proportion Course code: MAT/20/45/S	15th February, 1.00pm-4.00pm
AQA GCSE English Literature: Poetry: Power and Conflict Course code: ENG/20/54/S	29th February, 9.30am-12.30pm
AQA GCSE English Literature: Poetry: Love and Relationships Course code: ENG/20/55/S	29th February, 1.00pm-4.00pm
GCSE Mathematics - Foundation Tier: Geometry and Measures Course code: MAT/20/46/S	7th March, 9.30am-12.30pm
GCSE Mathematics - Higher Tier: Geometry and Measures Course code: MAT/20/47/S	7th March, 1.00pm-4.00pm
AQA GCSE English Language: Paper 1: Explorations in creative reading and writing Course code: ENG/20/56/S	14th March, 9.30am-12.30pm
AQA GCSE English Literature: Unseen Poetry Course code: ENG/20/57/S	14th March, 1.00pm-4.00pm
GCSE Mathematics - Foundation Tier: Fractions, Probability and Statistics Course code: MAT/20/48/S	21st March, 9.30am-12.30pm
GCSE Mathematics - Higher Tier: Graphs, Probability and Statistics Course code: MAT/20/49/S	21st March, 1.00pm-4.00pm
AQA GCSE English Language: Paper 2: Writers' viewpoints and perspectives Course code: ENG/20/58/S	28th March, 9.30am-12.30pm

3 hour session £45*

Easter Holiday English sessions at Townsend School, St. Albans

AQA GCSE English Language Papers 1 and 2 Course code: ENG/20/59/S £90*	Monday 6th April, 9.30am-3.30pm
AQA GCSE English Literature Paper 1 Focusing on: Macbeth and Romeo and Juliet; A Christmas Carol and Jekyll and Hyde Course code: ENG/20/60/S £60*	Tuesday 7th April, 10.00am-2.30pm
AQA GCSE English Literature Paper 2 Focusing on: An Inspector Calls; Love and Relationships Poetry, Power and Conflict Poetry and Unseen Poetry Course code: ENG/20/61/S £60*	Wednesday 8th April, 10.00am-2.30pm

Pre-examination GCSE Mathematics sessions at The Samuel Ryder Academy, St. Albans

Student Revision morning 1 Paper 1 preparation Course code: MAT/20/38/S	Saturday 16th May, 9.30am-12.00pm
Student Revision morning 2 Paper 2 preparation Course code: MAT/20/39/S	Saturday 30th May, 9.30am-12.00pm
Student Revision morning 3 Paper 3 preparation Course code: MAT/20/40/S	Saturday 6th June, 9.30am-12.00pm

£37.50* per session or book all 3 for £85*

Parents and schools can book places through the **HfL CPD Hub** at cpd.hertsforlearning.co.uk
For more information regarding these workshops, please contact: training@hertsforlearning.co.uk
or call **01438 845111**

*All prices quoted are inclusive of VAT



01438 845111
hertsforlearning.co.uk



Parenting Support



team@keystoneworkshops.com

@KeystoneWS

KeystoneWorkshops

Anxiety in Children - Positive Strategies for Parents - Talk



0-5_{yr}

6-12_{yr}

Summary



Parenting a child who struggles with anxiety can be exhausting and confusing at times. Every parent wants their child to be happy and confident, but it can be hard to know how best to support our children.

Many parents feel uncertain about why their children become anxious and whether they need to do more to protect them from difficult circumstances or back away and allow life experiences to run their course.

In this informative and skills-based talk, Dr Kerstin

Thirwall will share typical causes of childhood anxiety and ways in which parents can help their child to overcome their fears and worries and better regulate their emotions. She will provide an overview of parenting techniques and environmental factors useful for raising emotionally healthy children.

This talk complements our recent event: *Raising Confident Children and Tackling Their Fears*. There may be some overlap, but emphasis of this talk will be on the importance of building secure attachments and on parent-led cognitive behaviour therapy (CBT) strategies.

Who is this event for?

This talk is aimed at any parents/carers seeking tips on how to support a child with anxiety, most suitable for children aged 2-12 years with some discussion of what can be expected in adolescent years.

It may also be useful for parents who struggle with their own anxiety levels.

What will parents gain from the event?

- An overview childhood anxiety and ways in which anxiety may manifest in childhood
- Techniques for supporting calmness and building confidence.
- Strategies for increasing resilience and building up brave behaviour

[CLICK TO BOOK NOW](#)

Event Details

Date: Tue, 11th Feb 2020

Time: 19.15 – 21.15

Location: The SandPit Theatre, St Albans, The Ridgeway, AL4 9NX

Cost: £19.50pp

About our speaker

Dr Kerstin Thirwall is a Chartered Clinical Psychologist and completed her training at University of Oxford. Following her clinical doctoral degree, she was awarded a clinical research fellowship by the Medical Research Council and led a treatment trial investigating the effectiveness of parent-led cognitive behaviour therapy for childhood anxiety disorders. This evidence based approach has subsequently been adopted across numerous NHS settings. In addition to journal publications, Kerstin has co-authored several treatment manuals and *Parent-Led CBT for Child Anxiety: Helping Parents Help Their Kids*, a book for therapists working with parents, commissioned by Guildford Press (USA).

She is a visiting fellow at University of Reading and an honorary fellow of The British Psychology Society. She provides training to health professionals and parenting workshops alongside her clinical practice.

Kerstin is passionate about helping children and young people overcome difficulties relating to anxiety, low moods and/or poor self-esteem.

She helps children and their families to better understand factors which contribute to the development of positive mental health and supports them to change unhelpful habits and increase practices known to be effective in improving emotional resilience. She often works closely with parents in order to support them to help their child.

Events are regularly updated, for a full list of future events visit: www.keystoneworkshops.co.uk

Parenting Support

INFORMATION SHEET FOR PROFESSIONALS

Parenting Programmes & Courses for Targeted Parents

Spring Term 2020
ST ALBANS DISTRICT

	Session, Date & Time	Venue
MON	Families Feeling Safe. 27/01/20 – 30/03/20 (not half term) 9.45am – 11.45am (Crèche available)	Quakers Hall, Harpenden
TUES	Welcome to the World 16/02/20 -31/03/20 6pm -8pm Early Talk 25/02/20 – 31/03/20 10am 11.30am	Sopwell Family Centre London Colney Family Centre
WED	Family Toolkit 04/03/20 – 25/03/20 9.45am -11.45am (crèche available)	Park St Village Hall Park Street
THU	Family Toolkit 12/03/20 – 02/04/20 6.00pm – 8.00pm	Sopwell Family Centre, St Albans
FRI	Mums Matter 31/01/20 – 27/03/20 (not half term) 9.45am – 11.45am (crèche available)	Fleetville Family Centre St Albans

Welcome to the World

For parents expecting a baby who are 22+ weeks into pregnancy. Prepare for life with a new baby. Meet other parents. Can come on their own or with a friend or partner

Families Feeling Safe

A 9 week course to enable parents and carers to recognise and build on their own strengths in managing and understanding their children's behaviour, communicating with others, expressing feelings and making safe choices.

Little Learners

For families with children (10-18 months) who need a little extra support to reach their developmental milestones.

Call for more information

Early Talk

A six week course to develop ideas to promote a child's communication and language. Run in partnership with the speech and language team

Mums Matter

A 8 weeks Course offering Perinatal support for mothers experiencing low mood. With children 0-2.

Family Toolkit

For families with children aged 2 to 5 years old. A great course to learn some new ideas about how to manage children's behaviour and get the best out of family life.

Little Chefs

A 5 week course to support families with children 15mths – 2years to get their children off to a healthy start. Topics covered will include portion control, sugar/salt/fat contents, oral health, weight, physical activity and the importance of eating together.

DOMESTIC VIOLENCE

Please note we can support families with issues around domestic violence. Please speak to us for more information.

CRECHE

May be available to book for some sessions at £3 per child

FAMILIES MUST BE REGISTERED



Please follow the QR code to register a family.



01727 227 746 number for professionals only

For referrals: www.hertsfamilycentres.org/professionals-area



Hertfordshire
Family Centre
Service

Learning Support News



DSPL7 would like to invite parents and professionals
to the **SEND Information Village**
Wednesday 4th March 2020, 10am – 12pm
The Hub, Fleetville Junior School

ABOUT THE EVENT

An opportunity to meet and talk to Specialist Advisors, Educational Psychologists, Service Providers and representatives from Special Schools, Oaklands College and the Voluntary Sector.

The SEND information village is a gathering of professionals dedicated to providing specialist support to children and young people (0-25 years) with Special Educational Needs and Disabilities.

Some of those attending include:

DSPL7 SEND Team, NESSie, Harpenden Plus Partnership, St Albans Plus Partnership, Links Academy Outreach Service, Speech, Language and Communication team, HPCI, SENDIASS, Carers in Hertfordshire, KIDS Hub, Independent Support Practitioner, The Collett Outreach Team, Hertfordshire Additional Needs Database, Add-advance, SPACE, Families in Focus, Early Years SEND Team, The EP team and more.....



DETAILS

- DATES:** Wednesday 4th March 2020
- TIME:** 10:00am – 12:00pm
- VENUE:** The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, Herts, AL1 4LW
- COST:** Free for parents and professionals
- PARKING:** There is no parking at the school. Free parking is available in the surrounding streets and at the local supermarket.
- REFRESHMENTS:** Provided

TO BOOK:

Email admin@dspl7.org.uk



admin@dspl7.org.uk



01727

519229



www.dspl7.org.uk

Term Dates

2019—2020

Spring Term 2020

Monday 6th January to Thursday 2nd April 2020

Half Term Monday 17th to Friday 21st February 2020

Inset Day - Friday 3rd April 2020

Summer Term 2020

Monday 20th April to Friday 17th July 2020

Bank Holiday- Friday May 8th 2020—Please note the change of date.

Half Term Monday 25th to Friday 29th May 2020

2020-2021

Autumn Term 2020

Thursday 3rd September 2020 to Friday 18th December 2020

Half Term Monday 26th October to Friday 30th October 2020

Occasional Day—Friday 20th November 2020

If you have any questions and are not sure who to ask
please click here for the [general enquiry form](#)



Marlborough News
www.themarboroughscienceacademy.co.uk

An official publication of The Marlborough Science Academy Ltd,
Watling Street, St Albans, Hertfordshire, AL1 2QA #08003969
01727 856 874 | www.themarboroughscienceacademy.co.uk

Please contact admin@marlborough.herts.sch.uk for any
information regarding the content of this or future publications.