

# Marlborough News www.themarlboroughscienceacademy.co.uk

26th May 2017 Issue #72





On 4<sup>th</sup> May and 10<sup>th</sup> May the English faculty took sixty Year 9 and Year 10 students to The Globe for a guided tour of theatre, followed by a workshop run by one of The Globe's professional actors (in one of the theatre's private rehearsal spaces no-less!). The tour allowed students the opportunity to question: the scandals behind the original stolen theatre; the use of light, sound and space; the hierarchy and sometimes bawdy nature of Elizabethan audiences and why Shakespeare is still considered essential for the curriculum.

Daniel Peddar stated that he "learned a lot about the actual Globe theatre and Shakespeare". Following some very insightful questions students then took part in an hour long drama rehearsal working through some of the lines and looking at the idea of body language and stage crafting.

This in itself proved to be an amazing experience for the students, but what was (and quite rightly so) the highlight of both days was having the opportunity to watch a performance of the play that both year groups will be studying for their GCSEs. Daniel Kramer's directorial choices may have come in to criticism from reviewers; however, we found his controversial stage-crafting spell-binding. Saffy James declared that it was "a unique version and overall, I enjoyed it!" Kramer's decision to create Verona as the circus of the damned captivated our students and had them engrossed and, for some, tearful at the tragedy of "Juliet and her Romeo." The symmetry between the two households proved just how "alike in dignity" they were and the downfall of both Romeo and Juliet allowed students to trace how they were indeed "fortune's fool". In short our students came away loving, laughing and lamenting... which is what any good production should do!

Ms Redfern

#### Science Museum and Houses of Parliament Visit



On 18th May, 30 students from Years 7 and 8 travelled in to London to take part in a debating day. It all started at the Science Museum where students had to decide on which item they believed to be the most important invention in history. Working in groups the students then spent time debating, defending their choice with well thought out arguments and in depth research. The inventions chosen included the clock, the lathe and Stephenson's Rocket and the debates at times got very lively! The afternoon was spent at the Houses of Parliament and began with a tour and historic talk about the Palace of Westminster which included some surprising and interesting facts. The students were amazed at how small both the House of Commons and the House of Lords were and found it very difficult to stand in front of the benches knowing that if they followed their instincts and sat down they would be immediately escorted from the premises by security!

The final part of the day involved students participating in a People's Parliament workshop. The workshop took place in the new Education Centre and the students were asked to watch a short film depicting an actual event where a public campaign had led to changes in the law. After a short quiz designed to test their observational skills the students were asked to choose a change in the law they would like to see happen and decide on how they would campaign for that change. The groups presented their ideas and were then asked to vote for the most persuasive campaign. We are happy to report that the campaign for stronger laws on equal pay for women in the workplace won the vote.

'On the 18th May, 30 selected students went on a trip to the Science Museum and Houses of Parliament. It was a good trip, it was a debating day and at the Science Museum we had to choose something and compare it with other groups. When we went to the Houses of Parliament we first had a tour followed by a workshop.'

#### **Matthew Bonnin**

'Yesterday was one of the best experiences of my life, I absolutely loved the Houses of Parliament. We were shown around the Queen's part of the Houses of Parliament and I felt very special and important. Before the Houses of Parliament we went to the Science Museum and we had to find an invention and then had a debate about which invention was best.'

#### **Faye Luckhurst**

#### **Lesley Owusu Visit**



On Wednesday the girls athletic team (Years 7-10) had a 3 hour training session with World Champion Lesley Owusu to work on their performance when participating in running competitions. The girls started off by working on their balance, coordination and reaction times to a variety of new drills which they hadn't experienced before. They then moved onto some cardio relays which involved some strength exercises, whilst some were repetitive, Lesley encouraged the students to have focus and wanted their exercises to be of a high quality to get the best results. The final part of the session, involved the girls to get into teams and practice their relays. They refined their skills carefully through coaching, practice and feedback, which saw them having some excellent high quality races with smooth changeovers. The students did me proud and worked very hard, they showed a very welcoming and enthusiastic attitude towards our guest which made the day even better. Well done to all those involved.

#### Miss Edwards

Year 7 - Amber Page, Gabriella Scalisi, Scarlet Scott, Rihanna Patel, Robyn Murphy and Lily Hill Year 8 - Lydia Edwards, Jessica Persaud and Aimee Basse Year 9 - Kamdi Iweka, Jess Williams, Abbie Mitchell, Louise McClennan, Ellarose Copley and Courtney Warren Year 10 - Laurissa James, Emily Cropper, Zara Giwa, Charlotte Woolley, Lillie Murphy, Ellie Hawkey and Aaliyah Richards



#### Children's Book Award (CBA) Event



On Monday, 22<sup>nd</sup> May, Beaumont School invited students from Marlborough and Sandringham to attend and contribute in the voting for the annual Children's Book Award (CBA).

Marlborough is lucky to be involved in the whole process of the CBA which starts at the beginning of September with a long list of books that students are invited to read and vote on. A shortlist is then created and students are expected to read all three on the shortlist and vote as to their favourite book.

The morning at Beaumont School was taken up with lots of group activities like Character Tweeting; Fiction Friends; Create a Character and lots more.

The final part of the morning involved a talk from the author Nicky Singer who is a past Carnegie Winner. She talked about how she got the inspiration for her books, read excerpts and then showed part of the BBC adaptation of her book, Feather Boy.

The result of the voting at the end of the event was as follows:

1st Place Carjacked by Ali Sparkes2nd Place One by Sarah Crossen

3<sup>rd</sup> Place Mistletoe and Murder by Robin Stevens

These results will be submitted for the final vote next month.

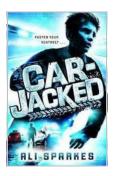
Well done to the students involved—Amelia Bari, Daniel Suleimanov, Ilyas Monadi, Brogan Meads, Ryan Conway, Kris Willoughby, Munawar Shah, Alex Noon, Shaun Hussain, Saffy James and Natasha Marsh.

Thank you to Mrs Nixon and Mrs Baker for taking the students to the event.

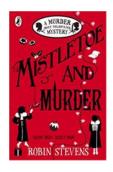
#### Mrs Beddall

'The books we had to read were very good. The games we played with the other students were fun. I liked meeting the students from other schools and I enjoyed meeting Nicky Singer.' **Kris Willoughby** 

'The trip to Beaumont was amazing! A fun way to remember to read books. The games were fun and logical, making you think more about books, not to mention the snacks. The speech from the author Nicky Singer was a joy. Stories on how her books were made and her inspiration. This overall is a dream to many.' **Ilyas Monadi** 









#### Year 10 GCSE Dance students visit Margaret Wix Primary School

On the 10<sup>th</sup> and 11<sup>th</sup> May **Stella Speck, Tayler Roberts, Scott Mousley-Young, Ella Stanley, Aaliyah Richards and Rachel Innes** Year 10 GCSE Dance students took part in leading 4 different dance workshops at Margaret Wix Primary School. The students taught two different routines to the children; a Capoeira routine (a Brazilian martial art form) to the Year 6s and a Bollywood routine to the Year 4s. The children will be performing the routines at their school's Culture Day in May. All the GCSE Dance students were fantastic in the way they introduced the dance style, led warm ups and taught the dance material to the children, all showing confidence, enthusiasm and professionalism. A massive well done to all six students!

#### Miss Fox

'When we did the workshop for the primary school classes it was a good experience to learn how to teach other people. It was a lot of fun and I enjoyed working on the dances with them so they could perform well on their Culture Day. It built my confidence which will help me in the future with performing and teaching routines'. – Stella Speck Year 10



Dear Parents, Carers and Students, Years 11, 12 and 13,

It's that time of year again—exams and how quickly, as always they have marched upon us. I'm proud of you all—there has been so much hard work and revision that you all deserve every success. Use this half term wisely, a good balance of revision, study and recreation is essential, lots of sleep and healthy eating. Exams are stressful but you are prepared, ready for the challenge and we are all here to support you!

Good Luck to you all

Ms Thomson

#### Here are some top tips

#### Give yourself enough time to study

Don't leave it until the last minute. While some students do seem to thrive on last-minute cramming, it's widely accepted that (for most of us) this is not the best way to approach an exam. Set out a timetable for your study. Write down how many exams you have and the days on which you have to sit them. Then organise your study accordingly. You may want to give some exams more study time than others, so find a balance that you feel comfortable with.

#### Organise your study space

Make sure you have enough space to spread your textbooks and notes out. Have you got enough light? Is your chair comfortable? Are your computer games out of sight?

Try and get rid of all distractions, and make sure you feel as comfortable and able to focus as possible. For some people, this may mean almost complete silence, for others, background music helps. Some of us need everything completely tidy and organised in order to concentrate, while others thrive in a more cluttered environment. Think about what works for you, and take the time to get it right.

#### Use flow charts and diagrams

Visual aids can be really helpful when revising. At the start of a topic, challenge yourself to write down everything you already know about a topic - and then highlight where the gaps lie. Closer to the exam, condense your revision notes into one-page diagrams. Getting your ideas down in this brief format can then help you to quickly recall everything you need to know during the exam.

#### Practice on old exams

One of the most effective ways to prepare for exams is to practice taking past versions. This helps you get used to the format of the questions, and - if you time yourself - can also be good practice for making sure you spend the right amount of time on each section.

#### Take regular breaks

While you may think it's best to study for as many hours as possible, this can actually be counterproductive. If you were training for a marathon, you wouldn't try and run 24 hours a day. Likewise, studies have shown that for long-term retention of knowledge, taking regular breaks really helps.

Everyone's different, so develop a study routine that works for you. If you study better in the morning, start

early before taking a break at lunchtime. Or, if you're more productive at night time, take a larger break earlier on so you're ready to settle down come evening. Try not to feel guilty about being out enjoying the sunshine instead of hunched over your textbooks. Remember Vitamin D is important for a healthy brain.

Every exam is a step on the ladder of your life.

Do well so that you have something rock solid to hold it all together.

Good luck.



#### Report on the E- Safety Evening Wednesday 10<sup>th</sup> May 2017

On Wednesday 10<sup>th</sup> May an E-Safety Evening was held for parents and carers in the school hall with the focus being keeping your child Safe-on-Line.

The evening was well attended and organised and presented by Mr Fitzgibbon and Mr Rutherford. There was also a police constable present from the Hertfordshire Police Force.

The evening focused particularly on the risks young people are facing in today's ever changing digital world, what is being done in school to support our children and what we as parents and carers can do to support our children when at home and out and about.

The legal position of various different aspects of on-line activity was addressed.

The Police Constable gave a view on the local and national picture of on line activity and when it becomes necessary for the police to become involved in cases.

The digital world is a rapidly changing landscape which we as parents and carers, along with the help and support of school, have a responsibility to engage with our teenagers in order to help them safely use technology in the best possible way.

A copy of the presentation from the workshop has been sent out to the families of every child at school.

If you were unable to attend and have not yet had a chance to read the presentation please may I implore you to take a look, open up the channels of communication with your children, and lets all together keep our young people Safe-On-Line.

Sue Noon
Parent Governor.



## The Write Stuff 2017

#### Calling all budding female writers

Celebrated author, Barbara Taylor Bradford, is running a competition alongside The Sunday Times looking for young female writers to create a short story (or the opening of a short story) of 1000 words long based on the theme of family.

We already have a number of talented young writers who want to get involved and are on their way to producing something amazing. If you would like more details of how to get involved please see Ms Redfern or Miss Fogarty directly (and we are always happy to go through what you have written and help you in any way that we can), alternatively, you can use the link below. The deadline isn't until the beginning of July, so you have lots of time to get involved.

http://www.barbarataylorbradford.co.uk/thewritestuff/

Ms Redfern



#### Let's beat cancer sooner

Sadly our very brave and inspiring Year 8 student, **Ellie Brewer**, is currently undergoing treatment for leukaemia at UCH and her mum along with other mums and Ellie's friends have got together for the Pretty Muddy Run on 10th June. Ellie unfortunately is unable to take part but has helped by donating her hair to the Little Princess Trust. Please donate and help Team Ellie fight back . If you would like to help them raise funds for Cancer Research UK please see their fundraising page <a href="here">here</a>





'While Ellie was in hospital, we wanted to do something which would support her and raise money for her charity. We decided to do the 5k Pretty Muddy run.'

Jade Albert, Olivia Stevenson, Tai Stojanovic, Alice Rose, Amy Narramore, Abby Simpkin, Jenna Hutton and Kayra Karakus.

#### **Student Achievements**



Congratulations to **Rhianna Patel 7PP** who took part in the Children's Taekwondo Competition in Stuttgart, Germany last weekend . She reached the semi finals, fighting a girl from Germany but lost by a point getting a bronze medal. This is a fantastic achievement for her.



#### **Athletics**

We are now halfway through our county league programme of athletic events and our students are excelling on the athletics track. Despite some cold and wet conditions so far we have had a number of top performers win events including **Lydia Edwards** – 100m, **Tomiwa Oni** - High Jump, **Jake Leech** – 300m, **Abbie Mitchell** – 300m. With 3 more events to go all based in St Albans we are aiming for a good finish to the season.

#### **Tennis**

Our Year 8, 9 and 10 boys have been busy in competition both locally and within the county. The Year 8 boys lost a close match to Tring school 8-4 in rubbers despite **Oliver Tarvet** managing to win two matches to love. They made a comeback in their next group match against Monks Walk school where the tie was drawn 6-6 and had to be decided by a super set. **Sean Neveling** and **Alex Noon** played representing Marlborough and won the game 10-2 to take the overall match.

In the district league we have played St Albans school A and B teams, Sir John
Lawes School A and B teams with Roundwood school still to be played. All games
have been close affairs with some excellent performances from everybody. Well done so far to **Kyle**Allaway, Alex Noon, Jevon Langridge, Cameron Smith, Will Pearson, Daniel Martin Reece Bilson,
Raffi Roberts, Stephen Kelly, Harry Cheney, Evander Port, William Skinner and Andi Ciocoiu.

#### Diary of a Wimpy Kid Super Quiz

The Diary of a Wimpy Kid was first published 10 Year ago and to celebrate, Renaissance Learning who run the Accelerated Reader programme, have put together a fun quiz with the chance to win prizes.

The Diary books are one of our most read series in the LRC and are in constant demand.

Students can enter the quiz using the following hyperline:

www.takethequiz.co.uk/quiz/wimpy-kid-super-quiz

At the end of the quiz there is a chance to enter a free prize draw to win a bundle of Wimpy Kid prizes, including a complete set of Wimpy Kid books 1-11, Wimpy Kid Sketchbook, Wimpy Kid Don't Scramble the Egg Game and A Long Haul film goodie bag!

Entries must be received by midnight on Friday 30th June, 2017 and the winner will be notified by email. <u>Terms & Conditions</u> apply.

#### Good luck!



#### Important notice for users of the back gate into school

Please can you let your son/daughter know that from Monday 5th June the back gate will be locked at 0840am instead of 0900am. This is to support the importance of punctuality as the official school start time is 0840am. If the gate is locked students will need to come into school via the front gate and sign in at Student Services.

Thank you for your understanding.



#### **DINNER DELIBERATIONS**

We would love to hear your family collaborations to the <u>question</u> we pose.

#### Should everyone get a medal on sports day?

We would love to hear your answers, simply email <u>c.burton@marlborough.herts.sch.uk</u> or h<u>.redfern@marlborough.herts.sch.uk</u>. The best responses will be published in the next newsletter and a Pinkie (20 achievement points) will be awarded to the best student and parent answer each time.

#### Post 16 PSHCEE Programme

This week Year 13 had a Ready Steady Cook competition with the focus on preparing for University cooking. Students were given a bag of ingredients and had to make their own dish using their initiative and a selection of sweet and savoury flans were made.



Year 12 had a visitor from Cambridge University to talk to them about applying to a Russell group University. Rebecca Bradley, Schools Outreach for Cambridge University delivered a presentation to the Year 12 students outlining the application process for Oxford and Cambridge University and what is required from students at Russell group Universities.

'Before this I thought that getting into Cambridge was impossible. Now I realise that it is a friendly place that is very appealing to all people even though you have to work really hard for it.' **Sam Turner** 

'Cambridge university is an option for me because it is a great place to study the subject I hope to take further beyond A-Levels, with great resources and teachers available there.' **Max Ciric** 

#### ROCKET TO THE FUTURE

Stressed by career choices and future pathways?

If you want any advice or information on what is on offer or available to you after your Year 11 and Year 13 exams please see Mrs Beddall in the LRC.



If you have any questions and not sure who to ask please click here for the general enquiry form



This is an independent service run by Emma Hossack, NLP Practitioner

I believe that all children and young people deserve the opportunity to be listened to, heard and alued. Young people are our future and experience a great deal of pressure as they make sense of the world they are living in. Working across Hertfordshire including Radlett, St Albans, Harpenden and Welwyn. I coach young people to help them understand their emotions and the affect they can have on their behaviours and results. I teach techniques that help manage thoughts and emotions, rid of negative thoughts and to help understand what their triggers are and to help stop these thoughts in its tracks. These techniques can be used anytime, anywhere now, and in the future.

The teenage years are a confusing and often overwhelming time. I work with teenagers to help them make sense of their thoughts and show them how to tap into the fantastic skills they already have. The therapy sessions cover many issues such as **Anxiety, Exam Stress, Confidence, Low Self-Esteem, Bullying, Body Image, Grief, Coping with Change, Social Media Pressure** amongst many other issues. I recommend between 4-6 sessions of 45 mins-1 hour and will feedback to the parents after each session by phone, email or face to face if its appropriate.

Therapy sessions take place in Radlett, St Albans, Harpenden and Welwyn. Sessions last between 45 mins – 1 hour and cost £65 per session which is payable 24 hours in advance. We recommend between 4-6 sessions for children and teens. If you would like to book 4 and pay in advance, we offer a discounted rate of £60 per session and would ask for a total of £240 to be paid 24 hours in advance of the first session.

If you would like to book a parents session, we recommend 2 sessions of 1-1.5 hours. We ask for a payment of £150 to be paid 24 hours in advance of the first session.

#### Skype

I understand that it may not be convenient to meet personally, If you would like me to work with you using Skype please let me know. Same fees apply.

#### **CANCELLATIONS**

Sessions cancelled within 24 hours will be charged at the full session rate



## **Next PTA Meetings**

Wednesday 13<sup>th</sup> September, 7.30pm Tuesday 7<sup>th</sup> November (AGM), 7.30pm Meetings are held in the Boardroom. All welcome to attend

### Second Hand Uniform Sale

Wednesday 26th July, 3 - 4pm (Sales are held in the Boardroom)

Good quality clean uniform for sale. All proceeds go to the PTA.

#### WANTED - Your old uniform!

Donations are welcome on the day or can be left at school reception during the week. We are now only accepting uniform with the 'Science Academy' logo. Any old logo uniform can be bagged up and put in Clothes Bank bins at school. Enquiries can be emailed to <a href="mailto:pta@marlborough.herts.sch.uk">pta@marlborough.herts.sch.uk</a> please put the subject as 'Uniform'







### HELP NEEDED

### St Albans Half Marathon marshalling

Sunday 11th June, 8am -12noon approx.

We need adults to help man our regular Marshalling point on Blunts Lane. If you can help please e-mail julie.raynes@gmail.com

## **BUNNINGS SAUSAGE SIZZLE**

## Sunday 11th June

We have been offered this date to run the Sausage Sizzle at the Griffiths Way store.

We urgently need someone who is happy to attend the H&S briefing prior to the event. For the day we will need adults to cook and sell the food, volunteers to make cakes, and volunteer students to busk throughout the day.

If you can help contact julie.raynes@gmail.com

As this is also Half Marathon day it will potentially be extremely busy.



# QUIZ NIGHT in aid of OXFAM

## Saturday 3rd June 2017

7pm for 7:30pm at Marlborough Science Academy, Watling Street, St Albans, AL1 2QA

Tickets £12.50 includes Fish & chip meal (Vegetarian option). Bring your own drinks.

All proceeds to Oxfam's work in Kenya

For tickets - Email hertshike@gmail.com, contact 07472 063145 or 07941 311324, or visit the Oxfam Bookshop, Catherine Street, St Albans AL3 5BX

Enjoy a friendly evening with a competitive streak!

Get a team of 6 – 8, or join a team on the night.

Organised by St Albans Oxfam Group

Visit us on www.oxfamstalbans.org



# Churchyard Fun Day



BBQ Tea and Cakes

Games for all the family



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Environmental Trail Treasure Hunt

Kite Making Animal Dressing up Race



Giant Jenga, Mask Making

....and lots more!

Saturday 3<sup>rd</sup> June

11.30 am - 3.30 pm

St Stephen's Church, Watling Street

Free and Open to all in the community



Fun and Environmental Awareness combined



DSPL 7 (ST ALBANS, HARPENDEN & VILLAGES)
TRAINING PROGRAMME

## Simple Solutions Workshops

### Simple Solutions with Sally Glossop

Problem solving sessions for parents/carers of children and young people aged 0-25 with Autistic Spectrum Disorder

Wednesday 8th February 2017
Wednesday 29th March 2017
Wednesday 17th May 2017
Wednesday 12th July 2017 (please note updated date)

All meetings run from: 7.00-8.30pm

Cost: These workshops are funded by DSPL7, places are limited so please book, using the contact details below. Please note that if you do not book you cannot be notified if a meeting is cancelled.

Venue: St Albans Girls' School, Sandridgebury Lane, St Albans, AL3 6DB

> Parking available in the main car park Entrance via the main reception

> > DSPL7

Booking line: 01727 853134 admin@dspl7.org.uk

#### **Term Dates**

**Summer Term 2017** 

Monday 24<sup>th</sup> April Start of term for all students Monday 1<sup>st</sup> May Bank Holiday (May Day)

Half Term Monday 29<sup>th</sup> May – Friday 2<sup>nd</sup> June

Friday 21st July Last day of term

**Autumn Term 2017** 

Monday 4th September and Tuesday 5th September—INSET Days

Wednesday 6th September - Start of term for all students

Half term Monday 23<sup>rd</sup> October to Friday 27<sup>th</sup> October

Friday 24th November—Occasional Day

Wednesday 20th December - End of term

Spring Term 2018

Thursday 4th January to Wednesday 28th March

Thursday 29th March—INSET Day

Half Term Monday 12th February to Friday 16th February

**Summer Term 2018** 

Monday 16th April to Friday 20th July

Half Term Monday 28th May to Friday 1st June



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Please contact Andrea Clegg on a.clegg@marlborough.herts.sch.uk for any information regarding the content of this or future publications.