

the Dungeons™

The Plague

Learning Objectives

PuPils should learn:

- ✓ About aspects of life in a medieval town.
- ✓ About the nature and impact of bubonic plague at two key points in history.
- ✓ How people in the Middle Ages viewed the plague.
- ✓ How people in the Middle Ages thought they could cure the plague.
- ✓ How to make deductions based on evidence.

Dungeon Links

The Plague is a key topic which features throughout the Dungeon.

Using the Pupil Worksheets

The Dungeons' worksheets are designed to give your pupils an idea of the magnitude of the plague, focusing on two key points in history when Great Britain was gripped by the plague; 1348 and 1665.

- ✓ **PuPil Worksheet 1** sets the scene for pupils in 1348. Activities ask them to consider the horrible symptoms of the illness.
- ✓ **PuPil Worksheet 2** asks pupils to consider some of the crazy cures and plague preventatives used by people in the 14th Century and to write a letter of advice to a friend in a town stricken by the plague.
- ✓ **PuPil Worksheet 3** introduces the plague of 1665.
- ✓ **PuPil Worksheet 4** is a sheet of cards for photocopying. In their groups, pupils must sort the cards into causes and effects of the plague. Following this, ask them to sort their cards into long and short-term effects.

Discussion Points

- ✓ Why did the plague spread so quickly in both 1348 and 1665?
- ✓ What can we learn about medieval beliefs from the different explanations people provided for the plague?
- ✓ Why was there so little understanding about medicine and health in the 14th Century?
- ✓ Were there any positive outcomes of the 1348 plague?

Extension Activities

- ✓ Ask pupils to write a set of quiz questions on the subject of the plague in the style of 'Who Wants to be a Millionaire?' The class can then run the quiz.
- ✓ Ask pupils to imagine how plague events might have unfolded if various circumstances had been different (i.e. what would have happened if...people didn't believe in God, people knew about germs, the microscope had been invented etc.)
- ✓ Ask pupils to write a diary, imagining that they are a goldsmith living in London during the plague of 1348. They should produce entries for a number of dates and events, for example:

2nd October 1348 - The plague begins to spread through the city.

10th April 1349 - Your neighbour contracts the plague.

1st June 1349 - Celebrations for the end of the plague.

TEACHER NOTES

Answers: Pupil Worksheet 1: Activity 1 – c, g, b, f, e, a, d Pupil Worksheet 2: Activity 2 a) – i, iv, v, vii b) iv, v, vi



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The Plague

The dreaded plague was thought to begin in 1330s China. The plague was spread by rats that had fleas which carried the virus. When the rats died, their fleas moved on to humans, and their bites caused bubonic plague.

The plague reached Britain in August 1348, carried by the crew of a small boat that came ashore near Weymouth in Dorset. Three months later, it reached London. By the time the plague finally died away in 1350, up to 2 million people had lost their lives in the most horrible way.

Scary symptoms

First came a bad cold, then vomiting and fever, and finally repulsive swellings in the armpit and groin, oozing blood and pus. By the time death arrived, most people were grateful for it.

Activity 1

the plague was not a pleasant experience! Put this list of gruesome symptoms into the order that you think a sufferer would have experienced them.

- a) Internal bleeding
- b) Arms and legs become sore
- c) Headache, chills and a fever
- d) Death
- e) Swellings split open, oozing blood and pus
- f) Swellings on neck and limbs
- g) Nausea and vomiting

Did you know?

The bubonic plague was so-called because of the disgusting pus-filled boils or 'buboes' that appeared on sufferers.

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Did you know?

There are still around 2,000 incidences of the plague every year, however in most situations it can be cured by antibiotics. Further research is being carried out to stop its spread.

Activity 2

People in the 14th Century didn't know much about what caused sickness and how to treat it.

a) Which four of the following do you think were used as 'cures' during the plague of 1348 - 1350?

- ☐ Putting the tail feathers of a live chicken onto the boils.
- ☐ i Rubbing antiseptic cream onto the boils.
- ☐ ii Drinking lots of water.
- ☐ iii Slicing the boils open and burning them with a red-hot poker.
- ☐ iv Bathing in your own urine.
- ☐ v Eating plenty of fruit and vegetables.
- ☐ vi Applying a live frog or toad to the buboes.

Activity 3

Imagine you are a doctor living in London at the time of the plague (1348 - 1350). Write a reply to this letter from John Smith, a friend living in a nearby village. Remember that a medieval doctor would not give the same kind of advice as a modern day doctor.

b) Which three of the following do you think were used to 'prevent' the plague?

- ☐ i Taking aspirin.
- ☐ ii Sterilising everything in the house.
- ☐ iii Eating a balanced diet.
- ☐ iv Smoking tobacco.
- ☐ v Smelling sweet herbs or flowers.
- ☐ vi Praying.

Dear Sir,

I am writing to you to beg you for advice. A terrible curse has come to our village. It began with a few people complaining of pain in the head and the stomach. Now, just two short weeks later, the streets are full of corpses, shops and houses lie empty, and animals are running wild in the street. Some of the animals are even feeding on the dead.

I believe this sickness has been sent by God to punish us for our sins. I have been praying for forgiveness day and night but I have been sickening these last days and I fear that I shall not be spared. I had thought to go to London to seek help from a man of medicine. What should I do?

Yours humbly,
John T. Smith

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1665 - The Plague strikes again!

In 1665, the horror returned. London was filthy, stinking and overcrowded and as the temperature rose throughout the spring and summer, the plague went from strength to strength.

London at the time of the plague wasn't a pretty place. It didn't matter if you were rich or poor, the plague would still come knocking at your door. Even if only one member of your family had the plague, a red cross would be painted on your door and your whole family would be quarantined in your house. Perhaps you'd like a new job? The 'Plague Body Carrier' was employed to dispose of the corpses in plague pits. Your chances of survival weren't very high though...even escaping wasn't an option- it was forbidden by law, and by the time the plague of 1665 ended, nearly 100,000 lives had been lost.



The children's rhyme 'Ring a Ring of Roses' was about the plague.

The 'roses' were the round red rashes that appeared on the victim's skin. The 'posies' were sweet-smelling flowers that people held to their noses as they believed it would stop them from catching the disease. The sneezes were an early symptom of the disease, and 'we all fall down' was the sudden death that usually followed.

Did you know?

Many people believe the Great Fire of London put an end to the epidemic. In fact, it had greatly subsided by then.



Lack of medicine. <i>the Dungeons</i>	People travelling from town to town within Britain. <i>the Dungeons</i>	Animals dying. <i>the Dungeons</i>
Ignorance of doctors. <i>the Dungeons</i>	Increased taxes with fewer people to pay them. <i>the Dungeons</i>	Lack of sanitation. <i>the Dungeons</i>
Boats travelling from country to country. <i>the Dungeons</i>	Churches closing as many priests died after visiting the sick. <i>the Dungeons</i>	Population decrease. <i>the Dungeons</i>
Changes in farming. Lords kept animals instead of growing crops as they required fewer workers to look after them. <i>the Dungeons</i>	Dirty, crowded living conditions. <i>the Dungeons</i>	Crops rotting in fields. <i>the Dungeons</i>
Death. <i>the Dungeons</i>	Fleas passed the disease from rats to humans. <i>the Dungeons</i>	Bad smelling air. <i>the Dungeons</i>
Stealing from empty shops and houses. <i>the Dungeons</i>	Dirty streets full of rubbish and excrement. <i>the Dungeons</i>	Labour shortage resulting in workers being able to demand higher wages from lords. <i>the Dungeons</i>

