The Marlborough Science Academy

'shaping futures'

October 2026

Dear Parent/Carer,

Relationships, Sex and Health Education (RSHE)

As part of our commitment to providing a broad and balanced curriculum, we teach **Relationships, Sex and Health Education (RSHE)** in line with the latest Department for Education statutory guidance. RSHE plays an important role in supporting our students' personal development, wellbeing, and understanding of the world around them.

Our teaching reflects our shared values of which are well embedded now across the school. These values underpin our approach to RSHE, helping students to develop respect for themselves and others, make informed and responsible choices, and build healthy relationships based on mutual understanding and empathy.

What students learn:

Our RSHE curriculum covers a range of age-appropriate topics, including:

- Healthy and respectful relationships (friendships, families, and online interactions)
- Physical and emotional wellbeing
- Personal safety, including consent and online safety
- The changes that occur during adolescence

Students also learn about aspects of **sex education** to help them understand the biological, emotional and social aspects of growing up. The aim is to equip them with accurate information and confidence to make safe, respectful and informed decisions.

Details of the specific content and when it is taught can be found on the RSHE timelines available on our school website https://www.themarlboroughscienceacademy.co.uk/learning/the-faculties/personal-social-health-citizenship-and-economic-education-pshcee-and-relationships-and-sex-education-rse#

In accordance with statutory guidance, parents have the right to request withdrawal of their child from some or all of the sex education components of RSHE (other than those elements which are part of the national curriculum for Science).

If you are considering withdrawal, we would like you to contact **Mrs N Golds - Assistant Headteacher** (N.Golds@marlborough.herts.sch.uk) to arrange a discussion. This meeting provides an opportunity to clarify what is covered in lessons, address any questions or concerns, and discuss how we can support your child's learning and wellbeing

Following this discussion, any withdrawal request should be made in writing to **Mrs Golds by Friday 8th January 2027.** Please note that the final decision on withdrawal rests with the Headteacher, and pupils will be encouraged to re-join the lessons where appropriate, in line with the DfE guidance.

We understand that these are important decisions for families. We approach all discussions with kindness and compassion, respecting the dignity of every parent and student. Our goal is to work in partnership with you to ensure that all children receive education that helps them to thrive academically, personally, and socially.

If you have any questions or would like further information, please do not hesitate to contact Ms Eaton K.Eaton@marlborough.herts.sch.uk (responsible for KS3 PSE) or Mrs Day A.Day@marlborough.herts.sch.uk (responsible for KS4 PSE).

Yours sincerely,

Mrs N Golds
Assistant Headteacher