

# Curriculum Implementation – GCSE PE/Sport Studies

## Key Stage 4

### Key Concepts Taught



- Performance, creativity, healthy active lifestyle, analysis.
- To develop refined performance in a competitive/choreographed/planned routine.
- Applied Anatomy and Physiology.
- Movement Analysis.
- Physical Training.
- Health, fitness and wellbeing.
- Sport Psychology.
- Sociocultural influences.

### How You Receive Feedback



- Self-assessment revisited regularly.
- Peer assessment for analysis of performance.
- Tactics and strategies are recalled
- Leadership skills are learned and revisited
- Verbal Feedback
- Written feedback





### How do Lessons Link to Key Concepts



- Using current and relevant sport examples to explore the range of topics for discussion.
- In Year 9 we use cross curricular links with Science to explore the movement of the body and how it is impacted by sport.
- In Year 10 we develop our knowledge of fitness testing and training for developing sports performance.
- In Year 11 we look deeply into the sociocultural influences of sport.
- Links are developed through contemporary discussions in sport and their impact on trends.

### How we get Support with our Lessons



- Scaffolding of equipment to adapt to needs.
- Groupings.
- Modelling.
- Adapted games and situations.
- Differentiated tasks for stretch and challenge.
- Availability of spare kit.

### Retrieval Practice Opportunities / Supporting Ways to Help us Remember



- Use of mnemonics.
- Think – pair – share.
- Practical demonstrations.
- Recalling muscles during warmups.
- Linking skills from different sports.
- Cross referencing knowledge from one topic to the next.
- NOW tasks.





### Opportunities for Literacy



- Questions and demonstration of understanding of key terminology.
- Focusing on key words and their meanings.
- Written answers for higher mark questions.

### Opportunities for Numeracy



- Interpretation of data for all topics.
- Use of volumes for cardio and respiratory systems.
- Fitness testing and interpretation of results.

### Opportunities for Oracy



- Discussion on PEDS and there use in sport.
- Problem solving for tactics and strategies.
- Reflection with partner.
- Non-doer sheets.

### Opportunities for Character Education



- Working as part of a team.
- Respecting each other and decisions made.
- Resilience - not giving up.
- Abiding by rules/laws of sport.





## Opportunities for SMSC



- Promoting links to sports cultures.
- Teamwork.
- Democratic voting of roles.
- Working within the rules of the sports.

## Opportunities for Assessing Learning



- Linking learning what we did last lesson, this lesson and next lesson.
- Plenaries to reflect on learning.
- Quizzes.
- End of unit assessments.
- Assessment of practical performance and improvement.

