

Curriculum Implementation – BTEC Sport Studies

Key Stage 5

Key Concepts Taught

- Anatomy and Physiology.
- Fitness, health and programming for health, sport and wellbeing.
- Professional development in the sports industry.
- Sports leadership.

How You Receive Feedback

- Self-assessment revisited regularly.
- Peer assessment for analysis.
- Leadership skills are learned and revisited.
- Detailed written feedback.
- Verbal feedback in relation to practical activities.
- Written feedback sheets in relation to submitted coursework.





How do Lessons Link to Key Concepts



- Year 12 starts with the anatomy unit which extends the learning from GCSE PE and looks in more depth at how muscles and bones work to produce movement, protection, attachment etc. Things like the cardio respiratory and energy systems build greater depth to previous work.
- We also look at what makes a good leader or coach and how to become one. What are the skills and attributes required to be a leader and how do we personally develop.
- In Year 13 we consider our health and wellbeing. We focus on the 7 core lifestyle factors and how they affect sporting performance as well as work on diet and training plans. We also look at the personal skills required to access a sporting career.

How we get Support with our Lessons



- Scaffolding of equipment to adapt to needs.
- Groupings.
- Modelling.
- Adapted games and situations.
- Differentiated tasks for stretch and challenge.
- Direct feedback on our performance both practically and through coursework.





**Retrieval Practice
Opportunities /
Supporting Ways
to Help us
Remember**



- Use of mnemonics.
- Think – pair – share.
- Practical demonstrations.
- Recalling muscles during warmups.
- Linking skills from different sports.
- Cross referencing knowledge from one topic to the next.
- NOW tasks.

**Opportunities for
Literacy**



- Questions and demonstration of understanding of key terminology.
- Focusing on key words and their meanings.
- Written answers for Higher mark questions.
- Written and submitted coursework.
- Long exam answer practice.

**Opportunities for
Numeracy**



- Interpretation of data for all topics on the courses.
- Use of volumes for cardio and respiratory systems.
- Fitness testing and interpretation of results.

**Opportunities for
Oracy**



- Discussion on contemporary issues in sport.
- Problem solving for tactics and strategies.
- Reflection with partner.
- Non-doer sheets.





Opportunities for Character Education



- Working as part of a team.
- Respecting each other and decisions made.
- Resilience - not giving up.
- Abiding by rules/laws of sport.
- Giving feedback constructively to one another.

Opportunities for SMSC



- Promoting links to sports cultures.
- Teamwork.
- Democratic voting of roles.
- Working within the rules of the sports.

Opportunities for Assessing Learning



- Linking learning what we did last lesson, this lesson and will do next lesson.
- Plenaries to reflect on learning.
- Quizzes.
- End of unit assessments.
- Assessment of practical performance and improvement.
- Self and partner marking of coursework.

