



Start of sixth form – Pearson BTEC National Sports course

Net Games – Developing a love for new opportunity

HRE – Planning for future training

Swimming – Developing team work in the swimming pool. Planning for the future

Invasion games – Exploring opportunities to change the game – planning for the future



Making lifestyle choices and considering future health and wellbeing

Follow us on Instagram @tmsa_pe



6th form open evening – BTEC SPORT

SCHOOL GAMES

OAA – Developing teamwork and the principles of plan/do/review

Athletics – developing a knowledge of officiating

Tennis – Understanding doubles play

Football – Developing tactics and formations

Last Sports day

Striking and fielding – Outwitting opponents

YEAR 11

Building mental health and well being

Swimming – Learning the skills of water polo

Handball – Maximising the attacking threat

HRE – Developing strength/power/speed

Basketball – Developing advanced skills and team strategy



Rugby – Kicking the ball – when and how?

Netball – Learning how to maximise restarts

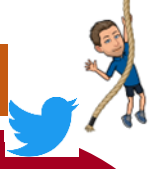
Tennis – developing shots that use spin

Athletics – developing advanced technical skills

Football – developing individual and team attacking

Follow us on twitter @TMSA_PE

Basketball – Creating space in attacking situations



YEAR 10

Trampolining – Developing synchronised routines

Striking and fielding – Developing more advanced fielding skills

Leadership – Learning to lead others

HRE – developing aerobic and muscular endurance

Handball – developing team and individual attack and defence



Trampolining – developing rotational movements



Swimming – learning about personal survival in the water

Rugby – developing a knowledge of scrums and lineouts

Progress check – How are you getting on? What do you need to do to reach the next level?



YEAR 9

Developing skills and resilience

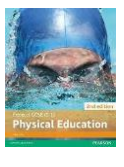
Striking and fielding games – Developing consistency with batting and bowling

GCSE Options evening

Athletics – Progressing run/jump/throw technique in new disciplines

Tennis – developing a serve and groundstrokes

Basketball – developing effective shooting



Netball – developing footwork and advanced skills



Netball – developing individual attacking skills

Handball – understanding the principles of attack and defence



HRE – What is fitness and how do we measure it

Gymnastics – learning about flight through vaulting

Developing leadership in football



Swimming – Developing breaststroke and butterfly technique

Progress check – How are you getting on? What do you need to do to reach the next level?

Dance – looking at basic choreography skills and dance techniques.

Basketball – Developing movement with and without the ball

Striking and fielding – Developing batting and bowling skills for different games

Take part in your first Sports Day

YEAR 8



Handball – Introducing the game and the basic skills required

Swimming – Frontcrawl and backstroke development

Net games – learning the key skills to play the game

Athletics – Learning the principles of run/jump/throw

Handball – Introduction to the game of handball



Football – learning and adapting skills

Netball – develop basic movement patterns and skills

Gymnastics – Balance and locomotion for pairs work

Trampolining – Learn the basic skills and safety requirements

Take part in the district fun run

YEAR 7

Year 7 - Developing confidence in myself and others

Rugby – Learn the basic skills when moving with the ball

Start of the Marlborough PE journey

