

# Curriculum Implementation – Physical Education

## Key Stage 3

### Key Concepts Taught



- Performance, creativity, healthy active lifestyle, analysis.
- To develop refined performance in a competitive/choreographed/planned routine.
- The key concepts are taught through the following:
  - Football
  - Rugby
  - Basketball
  - Handball
  - Swimming
  - Dance
  - Gymnastics
  - Athletics
  - Trampolining
  - Tennis
  - Table tennis

### How You Receive Feedback



- Self-assessment revisited regularly.
- Peer assessment for analysis.
- Tactics and strategies are recalled.
- Leadership skills are learned and revisited.
- Verbal feedback.





### How do Lessons Link to Key Concepts



- Year 7 introduction to knowledge of key skills, importance of preparing for exercise, meeting needs of the activity, applying skills in practice, creative and competitive situations.
- Year 8 develop more advanced skills, ability to deliver warm up and practices, applying techniques and strategies.
- Learning how we learn.
- The role of leadership is developed as students' progress through Key Stage 3.

### How we get Support with our Lessons



- Scaffolding of equipment to adapt to needs.
- Groupings.
- Modelling.
- Adapted games and situations.
- Availability of spare kit.

### Retrieval Practice Opportunities / Supporting Ways to Help us Remember



- Use of mnemonics.
- Think – pair – share.
- Practical demonstrations.
- Recalling muscles during warmups.
- Linking skills from different sports.





### Opportunities for Literacy



- Questions and demonstration of understanding of key terminology.
- Focusing on key words and their meanings.

### Opportunities for Numeracy



- Working out pacing of long distance events.
- Working out fitness levels.
- Scoring of games and matches.
- Working with count in/downs.

### Opportunities for Oracy



- Discussion on tactics & strategies based on learning objectives.
- Problem solving.
- Reflection with partner.
- Non-doer sheets.

### Opportunities for Character Education



- Working as part of a team.
- Respecting each other and decisions made.
- Resilience, not giving up.





**Opportunities for  
SMSC**



- Promoting links to sports cultures.
- Teamwork.
- Democratic voting of roles.
- Working within the rules of the sports.

**Opportunities for  
Assessing  
Learning**



- Linking learning – what we did last lesson, this lesson and will do next lesson.
- Plenaries to reflect on learning.
- Quizzes.
- End of unit assessments.

